



# STRATHMERTON

PRIMARY SCHOOL

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**SUPPORT EACH  
OTHER**



**TRY YOUR  
BEST**



**ACT  
SAFELY**



**RESPECT**

**Newsletter No.15**  
**May 26<sup>th</sup>, 2022**

## 2022 Dates to Remember

- **Friday 27<sup>th</sup> May**  
Sports at Strathmerton Rec reserve
- **Friday 3<sup>rd</sup> June**  
Disco get your dancing shoes on
- **Monday June 13<sup>th</sup>**  
Public Holiday
- **Monday June 20<sup>th</sup>**  
Pupil free day
- **Wednesday June 23<sup>rd</sup> & Thursday June 24<sup>th</sup>**  
Parent teacher interviews 3.30pm to 7pm
- **Friday June 25<sup>th</sup>**  
Last day of term finish 2.30pm  
**Swimming for level 3 children**  
These lessons have been postponed, due to staff at Barooga with COVID.

## **Maths tips from Mr. Mills.**

### **Children from birth to Grade 2.**

### **Introducing Maths to youngsters at home.**

Examples of Language to make numeracy focus explicit:

More, less, some, few, none, one, two, three, etc.

Modelling pointing to body parts and saying.

"One nose, one. Two eyes, one, two. Two feet, one two. Ten toes, one, two, three,...ten."

"Look at those three birds on the wire. How many would be left if one flew away?"

"Here are three blocks. Could you please count them? Let's add two more. How many blocks do we have now?"

"Six peas! Can you put them into pairs/twos? Great, so six is now three twos. Three twos make six. Now we both know that!"

"What's the largest number you know?"

## School Disco



**When:** Friday 3<sup>rd</sup> of June

**Cost:** \$10 per child or \$20 for a family

**Time:** 4-Year old Kinder – Grade 2: 5:00pm – 6:30pm

Grade 3 – Grade 6: 7:00pm – 8:30pm

**Theme:** Rainbow (come dressed in the colours of the rainbow)

**The students will need to be signed in and out by a parent/guardian.**



## **From the Principal's Desk**

We celebrated **Education Week** this week with an open classroom session on Monday, that was well-attended by our school community – mums, dads, carers, nans, pops and other family members. Then on Wednesday we held a **Family Science Evening** with all the families that attended completing some fun experiments. Thanks to all those parents/carers and other family members who supported us at these events, and to the teachers for willingly opening their classrooms and organising and running the Science activities.

### **YEAR 6/7 TRANSITION**

All our Year 6 students have now had their preferences for secondary school in 2023, sent off to the respective colleges, ensuring they have a place reserved for next year.

### **RESPOND PROGRAM**

This week we had a visit from a member of the RESPOND team from Deakin University who are undertaking a study to examine if healthy weight and related behaviours (physical activity, sedentary behaviour, diet quality, sleep behaviours and wellbeing) among children and adolescents has changed in recent years in this region. The students being invited to participate in the study are from Years 2, 4 and 6. Each of these students was given a note to take home, explaining the process and ensuring that all participants realise that all the information they give is strictly confidential and that no children's names are identified. If parents/carers don't want their child to participate, they should return the opt-out part of the form, by June 6<sup>th</sup>.

### **ATTITUDES TO SCHOOL SURVEY**

This survey is an annual student survey offered by the Department of Education and Training to assist our school to gain an understanding of students' perceptions and experiences of school. Students will be asked about their thoughts and feelings in relation to their school, their learning, peer and family relationships, resilience, bullying, mental health and wellbeing, physical activity, and life in general. This survey is completed by our Year 4, 5 and 6 students and is completed as a questionnaire online. Each student will have a unique login that protects their identity, so that their responses are confidential. The school receives a summary of the results from the survey company, which we then analyse to determine the students' views and to improve their schooling experience. This survey will be conducted in early June. If you do not wish your child to do the survey, please contact the school office, to inform us of your wishes.

### **BOOKFAIR**

Last week of the Bookfair in the Library this week. Come in and have a look from 8:15 am in the morning until 9:00 am, or from 3:20 to 3:45 pm in the afternoons.

Geoff Weppner.

# LET'S BOOGIE!

Join us for Rainbow  
Disco Party.

It's going to be fun,  
fresh and funky!

Wear your rainbow  
clothes. Lots of prizes  
to be won

Date: June 3rd

5pm to 6.30 for 4 year old kinder  
to grade 2.

6.30pm till 8pm for Grade 3 to 6

Cost \$10 per child \$20  
per family  
includes Hotdog and  
drink.







**Prep time:** 20 minutes  
**Cooking time:** 20 minutes  
**Makes:** 24 small pieces

**Ingredients:**

- 1 ½ cups sushi rice
- 2 tbsp rice wine vinegar
- 1 tbsp caster sugar (optional)
- 4 nori sheets
- 1 lebanese cucumber, cut into matchsticks
- Approx. 185g thinly sliced tofu or tuna
- 1 medium grated carrot
- Salt-reduced soy sauce to serve

# Sushi

**Method:**

**Step 1:** Rinse and drain rice 3 times or until water runs clear.

**Step 2:** Cook rice as per directions on the packet. Remove from the heat and leave covered for 10 minutes.

**Step 3:** Mix the sugar (if using) with the vinegar and add to the cooked rice, stirring to break up lumps. Allow the rice to cool.

**Step 4:** Place 1 nori sheet, shiny-side down, on a sushi mat. Using damp fingers, spread ¾ cup rice over nori, leaving a 2cm strip at 1 short end. Arrange one-quarter cucumber, tofu (or tuna) and carrot over the rice. Using the sushi mat, roll up firmly to form a roll. Cut into 6 slices. Repeat with remaining nori sheets, rice, cucumber, tofu (or tuna) and carrot. Pack in a lunch box with a small container of soy sauce.

- *Get your kids involved for a Sunday fun day activity ready for lunch on Monday*
- *Use leftover rice from the night before*
- *Use Lint-free large hand towel to replace sushi mat*



Nathalia  
Cobram  
Numurkah



more4moira

**Here's another healthy lunch suggestion from the NCN Health.**