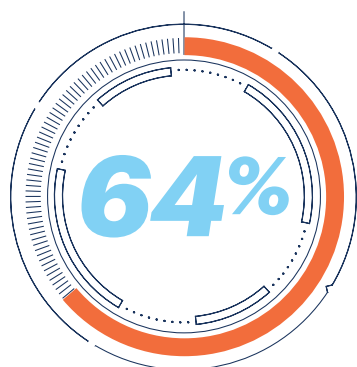


# ACUVUE® OASYS with Transitions™ Light Intelligent Technology™ PATIENT CONVERSATION GUIDE

## STARTING THE CONVERSATION

Ask your patients if they are **bothered by light**.



**64%**  
of consumers are  
bothered by  
bright light daily<sup>1</sup>

**94%**  
of consumers  
bothered by light  
use compensating  
behaviors<sup>1</sup>



## HOW TO IDENTIFY THE ACUVUE® OASYS WITH TRANSITIONS™ PATIENT

Asking patients questions about their day-to-day lives and experiences with light can help you determine if they are appropriate candidates for **ACUVUE® OASYS with Transitions™**.



**Ask yourself:**

*In your experience, what kind of patients are bothered by bright light?*

**ACUVUE® OASYS with Transitions™** is not just a light management solution for your existing patients—it can also be beneficial for new patients. Take note of their careers, interests, and activity levels to see if the lenses would be right for them.



**Ask your patients:**

*In the presence of bright light, do you shade your eyes, turn off lights, squint, or turn down screen brightness?*

If a patient admits to using these compensating behaviors, even while wearing sunglasses, they could benefit from

**ACUVUE® OASYS with Transitions™**.

## HOW CAN ACUVUE® OASYS WITH TRANSITIONS™ HELP PATIENTS MANAGE LIGHT?



**Less squinting**  
when subjected  
to bright light<sup>2\*</sup>

Helps eyes recover  
**up to 5 seconds faster**  
when subjected to  
bright light<sup>2\*</sup>

**Reduces halos and  
starbursts** at night<sup>2\*†</sup>

Relating patients' real-life experiences to the core benefits of **ACUVUE® OASYS with Transitions™** can help them see the advantages to wearing the lenses, with and without sunglasses.

\*Compared with ACUVUE® OASYS with HYDRACLEAR® PLUS Technology.

†Clinical trials have shown consumers 40 to 65 years of age may be more likely to experience this benefit in the inactivated ACUVUE® OASYS with Transitions™.

## QUESTIONS PATIENTS MIGHT ASK ABOUT ACUVUE® OASYS WITH TRANSITIONS™

An important part of your conversation with patients about ACUVUE® OASYS with Transitions™ is **being prepared to answer their questions about the lenses**. Here are some common questions they might ask about ACUVUE® OASYS with Transitions™, and how to answer them appropriately:

### Q1: How will the lenses look on my eyes?

**A1:** ACUVUE® OASYS with Transitions™ is specifically designed to provide benefits to patients\* while minimizing the change to the eye's appearance.<sup>3</sup>



ON LIGHT EYES



ON DARK EYES

### Q2: Can I wear these lenses while I'm driving?

**A2:** Yes, these lenses can be worn while driving—during the day or at night. ACUVUE® OASYS with Transitions™ is expected to activate in the car based on the levels of HEV+ light and UV+ light transmitted through the side windows, since windshields block nearly 100% of UV light.<sup>4</sup>



### Q3: Do I still need to wear sunglasses when I wear ACUVUE® OASYS with Transitions™?

**A3:** Yes. While these lenses do provide UV protection to the areas they cover, other parts of the eye and surrounding areas are still exposed to UV light. For that reason, ACUVUE® OASYS with Transitions™ is not intended as a replacement for sunglasses. The lenses can be worn with nonprescription sunglasses and should be considered a part of a total light management suite of solutions.<sup>4</sup>

### Q4: Do the lenses work indoors?

**A4:** Yes. ACUVUE® OASYS with Transitions™ is always on, whether indoors or outdoors.<sup>2,3</sup> The lenses are designed to adapt automatically—becoming lighter or darker—in response to changing light.<sup>4</sup> Even in their clearest state, they are filtering light.<sup>3</sup>

### Q5: How long does it take the lenses to activate? How long does it take to fade back?

**A5:** ACUVUE® OASYS with Transitions™ activates in less than a minute, and quickly fades from dark to clear (within 90 seconds) when going from outdoors to indoors.<sup>4</sup>

\*Ability to see comfortably in bright light.

<sup>†</sup>High-energy visible light.

<sup>‡</sup>Helps protect against transmission of harmful UV radiation to the cornea and into the eye. WARNING: UV-absorbing contact lenses are NOT substitutes for protective UV-absorbing eyewear such as UV-absorbing goggles or sunglasses because they do not completely cover the eye and surrounding area. You should continue to use UV-absorbing eyewear as directed. NOTE: Long-term exposure to UV radiation is 1 of the risk factors associated with cataracts. Exposure is based on a number of factors such as environmental conditions (altitude, geography, cloud cover) and personal factors (extent and nature of outdoor activities). UV-blocking contact lenses help provide protection against harmful UV radiation. However, clinical studies have not demonstrated that wearing UV-blocking contact lenses reduces the risk of developing cataracts or other eye disorders. Consult your eye care practitioner for more information.

Lenses are not a replacement for sunglasses.

#### Important Safety Information

ACUVUE® Brand Contact Lenses are indicated for vision correction. As with any contact lens, eye problems, including corneal ulcers, can develop. Some wearers may experience mild irritation, itching or discomfort. Lenses should not be prescribed if patients have any eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. Consult the package insert for complete information. Complete information is also available from Johnson & Johnson Vision Care, Inc. by calling 1-800-843-2020, or by visiting [www.jnjvisionpro.com](http://www.jnjvisionpro.com).

**References:** 1. JJV Data on File 2018. Substantiation for bothersome light need prevalence. 2. JJV Data on File 2018. ACUVUE® OASYS Contact Lenses with Transitions™ Light Intelligent Technology™—objective clinical claims. 3. JJV Data on File 2018. Definition of ACUVUE® OASYS with Transitions™ Light Intelligent Technology™. 4. JJV Data on File 2018. ACUVUE® OASYS with Transitions™ Light Intelligent Technology™ core messages and Q&A.

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