## Dermaplaning Aftercare

Please follow these instructions carefully for best results.

**Day of procedure** - Keep new skin clean and moisturized. Clean skin with bottled water and a gentle cleanser before bed. Avoid the sun but if sun cannot be avoided use an SPF30 or higher sunscreen. Avoid Make-up.

**Day 2** - In the morning cleanse with a gentle cleanser, moisturize and continue to moisturize throughout the day. Avoid make-up, exfoliants, and skincare products other than moisturizer. Avoid the sun but if sun cannot be avoided use an SPF30 or higher sunscreen.

**Days 3-7** - You may resume make-up however a mineral make-up is recommended. Continue to avoid skincare and makeup products that contain harsh chemicals.

**Days 7+** - Regular routines may resume.

Days 21-45 - Come back for another session! I can't wait to see you again!