I'M A GOOD FAIRY



Dobré víly dětem, z.s.

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1 Dobré víly dětem

Dobré víly dětem, z.s. is a non-governmental, non-profit organization founded in 2015. Our main goal is to help children from children's homes, foster parents, single-parent families and host families.

Our motto is "A hug is more than a toy". We want to be those children's friends whom they can rely on for support. New clothes or toys from sponsors can not compensate what they feel if there is someone who cares about them and love them. We cooperate with particular children's homes with respect to their needs and wishes. We know all the children by name as well as what class they are in and what they like.

1.1 Vision and mission

Vision

"Children should grow up in a family – either biological or foster. As long as it is not the case, we wish every child in children's homes has got its Fairy giving them attention and love."

Mission

"Our regular visits, a personal and friendly approach and individual support are the most valuable resources for the children in institutional care. They need our time, attention and love. We help them with their school preparation while focusing on developing their independence and self-confidence.

We also support foster parents and single-parent families and we believe that even the slightest support whether moral or financial is a great help.

We can not change what children have experienced in the past but we want them to believe they can live happy lives."

1.2 Values and Goals

Values

- Authenticity/Credibility everything we do comes from our personalities, our values and it is for the well-being of the children
- Activeness/Self-motivation we are active and we develop ourselves and our activities in all directions
- o Love/Uniqueness we build unique relationships with children, educators, volunteers, supporters and donors based on mutual respect, understanding, humour (I'm a Fairy, dude!) and love

Long term goals

- o To form a stable team of Good Fairies
- o To expand our activities into other children's homes throughout the Czech Republic
- o To find regular donors for long term functioning of our organization
- Awareness raising activities on the institutional care awareness campaigns and cooperation with other non-profit organizations



1.3 Our activities

Our main activities are visits to children's homes on a regular weekly basis. Good Fairies spent a whole afternoon in "our" children's homes once a week. In addition to those visits we arrange activities for children to support their personal development and have new and enriching experiences, organise weekend trips, summer camps and give them individual support.

Our goal and wish are to show children that someone is interested in them and want to know what they think, what they do and how they feel.

The ways we strive for our goals:

• Regular visits to children's homes

- spending our time with children
- talking to them
- playing games
- helping with school preparation and tutoring
- sports activities
- guidance in difficult times
- supporting them

Long-term help and occasional activities

- organizing sport, cultural and other activities
- summer camp and weekend trips outside children's homes
- children's clubs
- providing specific material support quality food, drugstore products, new or well-preserved clothes or shoes



School preparation

During our regular visits to children's homes, we mostly help children with their school preparation and play games. There is a specific day in a week which we spend at every children's home. We make an effort to ensure the same volunteers visit the same children's home every week to follow-up the school preparation and to deepen relationships with children.



Our uniqueness is to adapt the activities to the age of children, preferences of the educators and managers and children's needs. Good Fairies' ideas are tailor-made to specific children.

Summer camp and weekend trips

We organise regular weekend trips and a summer camp in August where children can enjoy various clubs, competitions but most of all they spend a nice time outside the children's homes which is so important for them.

Learning and fun activities

We arrange cultural, sport and learning activities to support their personal development and have new and enriching experience on weekends. We go to a cinema, theatre, jump arena or spend a day in a nature.

Individual support

We help children to find their strengths and activities they will like. That's why we arrange a specific plan for a child or a small group of children. If there is a child good at sports, we assist him or her to attend a club. If there is a young student, we accompany him or her to an open day at high school.





1.4 Responses to our work

Veronika Háková, chief educator, children's home Mladá Boleslav

"Non-profit organization Good Fairies is very popular with our children. Thanks to them they can visit lots of cultural, sport or social events. Those new experiences make them happy and satisfied.

In 2020 Fairies visited our children's home every week. Children look forward to every visit so much. They laugh together, hug each other, play games and there is also time for learning and school preparation.

The greatest benefit is that the visits are regularly repeated and Fairies build mutual trust and friendly relationship with children which is so important in children's home. ;-)

Thank you, DD Mladá Boleslav"



Hana Dokoupilová, volunteer

"People can not imagine how much children appreciate time, attention and care from a foreigner. You must see the enthusiasm and never-ending joy on your own. It does not matter how old you are, if you are male or female, what colour your skin is... What only matters is the fact that you come to spend your time only with them. It's so little for you but it means so much for them. You don't have to have money. Give them your attention, a little of your time. And join Fairies. If anything makes sense this is it!"

Hedvika Mašková, foster parent and volunteer

"What to write, you are absolutely amazing. If there were no Fairies, I wouldn't have my "treasure" at home. Otherwise, it would still be in children's home. Besides, children who unfortunately stay in children's homes can experience a form of "the distance family" I would call it... Go on... Do not leave them.... They need you!"

The story of Eliška M., Children's home Nové Strašecí

Eliška grew up in difficult circumstances. Her parents got divorced when she was 8 years old. Her mother had nervous illness and could not take care of her. She was entrusted to the care of the father who shortly met a new partner. Eliška's new stepmother was like from Cinderella story. There were verbally attacks, hate, prohibitions, psychological and physical punishment on daily basis. Once Eliška hid in the bathroom and her stepmother cut through the door with knife. Unfortunately, her father looked over those life-threatening situations.

Finally, she was taken away by authorities to a children's home where she got care and safety.

After finishing basic school Eliška studied at School of Economics. When graduation was approaching, she needed help with Russian language and others subjects. We studied together regularly every week but not only from books. In accordance to required knowledge of Russian culture and language we arrange a visit to the National Theatre to see the classic ballet Swan Lake. She said – this was a unique and unforgettable experience. Furthermore, she was able to write about this new theatre experience in her graduation thesis. Today this young lady who successfully passed the graduation and lives independent life now is saying "Without tutoring and Good Fairies I couldn't do it:)"



2 Volunteer

"Volunteering is performance of public benefit activities by a volunteer. It is a voluntary act of an individual or group freely giving time and labour with no remuneration."¹

2.1 Good Fairies' volunteer

What does our volunteer need to possess?

- o clean criminal record
- o age over 18 or legal consent
- o desire to dedicate your time to children
- o interest in other people and empathy
- o willingness to long-term cooperation
- o ability of self-reflection and capability of drawing conclusions from their behaviour
- balanced personality
- o NO professional training is required, although experts from all sectors are welcome

How much time does our volunteer need to have?

Some Fairies go to see the children regularly every week and it takes 4 hours. Other Fairies only go to the camp with us or they go to the children's home once a week for 1-2 hours. It depends on your time possibilities. However, it is very important for children to have the most regular contact possible so that they can form a relationship with the Fairy.

How do we cooperate in the activities?

- There is a Facebook group for arranging the activities and visits to children's homes.
- We go to Central Bohemian children's homes together from Prague at the stated time.
- o To Prague children's home every volunteer goes by himself or they go in a small group.



¹ Free translation of HRUŠKA, L.; HRUŠKOVÁ, A.; TOŠNER, J.; PILÁT, M. a kol. Analýza o stavu dobrovolnictví v zahraničí a ČR. Ostrava: ACCENDO. 2018.



2.2 New volunteer

The new volunteer communicates directly with a representative of our organization or with a coordinator of the children's home.

First contact with a volunteer

- o a phone call or an e-mail
- o the candidate will send a CV, references and a motivation letter

Personal meeting/phone call

- o interview with the candidate
- o getting familiar with the activities and volunteers' rules
- o filling in a personality questionnaire

First visit to children's home

- o meeting the children and getting familiar with the children's home regime
- o after the first visit the volunteer will provide a criminal record and references

Second visit to children's home

o filling in and signing the volunteer's contract





2.3 Volunteer's rules

For the children a volunteer is mainly a grown-up friend with whom they can learn and enjoy their free time. But educators have the responsibilities towards children and volunteers need to respect that and act accordingly.

- We respect the educators and internal rules CHH (children's home).
- We do not promise anything to children which we are not able to fulfil.
- o Each of our promises will be fulfilled.
- Before meeting children in a children's house, it is good to speak to educators to find out a current situation in CHH.



- We do not judge and criticize their parents and family.
- We do not judge and criticize the educators and children's home.
- We do respect that a role of educators is to supply parents. If we do not like anything or have a different opinion, we talked to educators first before talking to children.
- o Disagreements between adults need to be solved without children.
- We do respect that all the rules of CHH are applicable also to teenagers and "adult children".
 That's why we do not serve or support getting an alcohol, cigarettes or other addictive substance including energy drinks.
- o Regular visits to children's homes:
 - CHH Mladá Boleslav according to the agreement with educators in CHH
 - CHH Nové Strašecí tutoring of primary school is till the dinner, tutoring of lower-secondary is till 7.45 pm
 - CHH Krnsko according to the agreement with educators in CHH
 - CHH Dolní Počernice according to the agreement with educators in CHH
 - Keeping the continuity of tutoring after welcome and playing games there's a time for <u>regular</u> tutoring with specific children for approx. 30–45 minutes, after dinner time there are calmer activities and getting ready for bed
- We are supposed to say any important information which we are told by children and which can be a health risk or is alarming in any other way to Good Fairy association. They will then inform CHH. It's not about broken trust it's about children's safety and health.
- o If we do not like anything in the organization we speak to coordinator or the main Fairy and we figure out how we can improve it. :)



3 Coordinator

Coordinator's activities are apart from the volunteer's usual ones also organizing the regular visits and other activities in the specific children's home which he takes care of.

What does a coordinator do?

- o search for volunteers and organizing their activities in the children's home
- o communication with the children's home he takes care of
- o open communication with educators is very important
 - they take care of the children and a presence of volunteers can disturb their standard rules
 - it's so needed to respect the internal rules and do not disturb regular and timed activities in children's home
 - building good and strong relationship with educators is usually the key for the effective cooperation with the children's home
- o arrange signing contracts of volunteers and getting their criminal records
- o communication with Good Fairies association
- o on volunteer's first visit:
- introduce him to other volunteers, children and educators
- help him to get to know the children's home and internal rules
- o put visits to children's homes on file activities, names of presented volunteers
- o respect wishes and habits of educators and act accordingly to the children's best interest and the good reputation of organization

... with the help and support of all the members within the organization whom he can contact anytime regarding any questions.

Coordinator's advantages

- o skill development such as: organizing, team work, leadership, communication, project management, networking, motivation
- o opportunity to participate in decision on activities of organization
- o conducting of activities in children's home he takes care of





4 Children's homes

There are slightly different rules and activities in every children's home. We can usually find "family groups" there of maximum of 8 children at different ages and genders. There are permanent educators in every group – aunts and uncles whose role is to supply parents and take care of the office work.

4.1 Institutional care

"If the child's upbringing or his or her physical or mental development is at-risk or seriously disrupted to the extent that it is in conflict with the child's best interests or if there are serious reasons why the child's parents are unable to raise the child the court can order also institutional care as a necessary measure."²

Types of institutional care are divided according to the age of the children and the degree of supervision they require.

Centre for children

Those centres are for children usually up to 3 years of age, their daily routine and food must be adapted to their age and individual needs. They provide complex care of vulnerable children including outpatient services. They come under the Ministry of Health.

Centre for children who need immediate help

Institutions are for children at the age of 0–18 years who find themselves being with inadequate care or no care at all, whose life, health, development or their human rights are under threat and for abused or tortured children. Children can be accepted based on a court order, request of OSPOD and parents or children themselves. The length of stay is limited to 3 months, respectively 6 months. It can be extended if it is in a child's best interest to a maximum of 12 months.

Diagnostic centre

Children (usually between 3-18 years) are institutionalized to Diagnostic centres due to their complete examination. On the bases of the results and institutions' capacity children are placed in children's homes, children's homes with school or youth detention centres. They stay in diagnostic centre usually for 8 weeks.

Children's home

There are children between the ages of 3 to a maximum of 18 or 26 when their vocation preparation is finished. They have no specific behavioural disorders. Children visit schools which are not a part of children's homes. This institution is also for mothers who are under age and their children.

Children's home with school

This children's home is for children between the age of 6 till the end of compulsory schooling. Their purpose is to ensure the care about institutionalized children who have specific behavioural disorders or

² Free translation of 89/2012 Sb. Law of Civil code



mental illness and need educational care or if there is a court order of protective education. Children visit school which is a part of the children's homes.

Youth detention centre

There are children older than 15 years of age who have serious behavioural disorders and need constitutional or protective education. Youth detention centre can be also for children older than 12 years of age if they need protective education and their behavioural disorders are as serious as they can not be placed in children's homes with school. Those institutions are established separately for children in constitutional care and for children with protective education.³

4.2 "Our" children's homes

Children's home Mladá Boleslav

- o capacity of 24 children 3 family groups
- o we cooperate since 2017
- o our regular visits are on Tuesday
- o there is one building with common area and rooms for usually 6 children
- o departure from Prague is at 2.30 p.m. and back from Mladá Boleslav at 6.00 p.m.
- o we spent the time in the garden or in the common area
- o we help children with school work and play games with the little ones and talk to each other

Children home Nové Strašecí

- o capacity of 24 children 3 family groups
- o we cooperate since 2015
- o our regular visits are on Wednesday
- o every family group has its own area, living room and kitchen, rooms are for 2 children
- o departure from Prague is at 4.00 p.m. and back from Nové Strašecí at 8.00 p.m.
- o if the weather is nice, we spent the time in the garden, playing games and talking
- o with the little ones we are till the dinner time and after that we read bedtime stories
- o older children need our help with school work





³ Free translation of Knihovna NRP [online] Dostupné z: http://www.knihovnanrp.cz/nahradni-rodinna-pece/system-nahradni-rodinne-pece-v-cr/institucionalni-ustavni-pece-o-dite/



Children's home Krnsko

- o capacity of 48 children 6 family groups
- o cooperation since 2016
- o our regular visits are on Thursday
- o there are approx. 40 children in 5 houses with common garden
- o departure from Prague is at v 3.00 p.m. and back from Krnsko at 8.00 p.m.
- o we spend the time with children in a common dining room or outside in the garden
- o we mostly play games, draw or help with school work, sometimes we assist with getting ready for bed and reading bed stories

Children's home Dolní Počernice

- o capacity of 65 children 9 family groups
- o cooperation since 2020
- o children live in the main areal in Dolní Počernice and also in 4 flats at different addresses in Prague
- o there are also practicing and starting flats for older children to get ready for their independent life
- o every volunteer dedicates his time to a specific child's tutoring
- o days and times of tutoring are according to availability of children and volunteers







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Dobré víly dětem z. s. – The Register of Association kept by The Registration Court in Prague: sp. zn. L 63621

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Transparent account number at Fio bank: 2300868396/2010

Transparent account number at Fio bank for public collections: 2001243492/2010

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