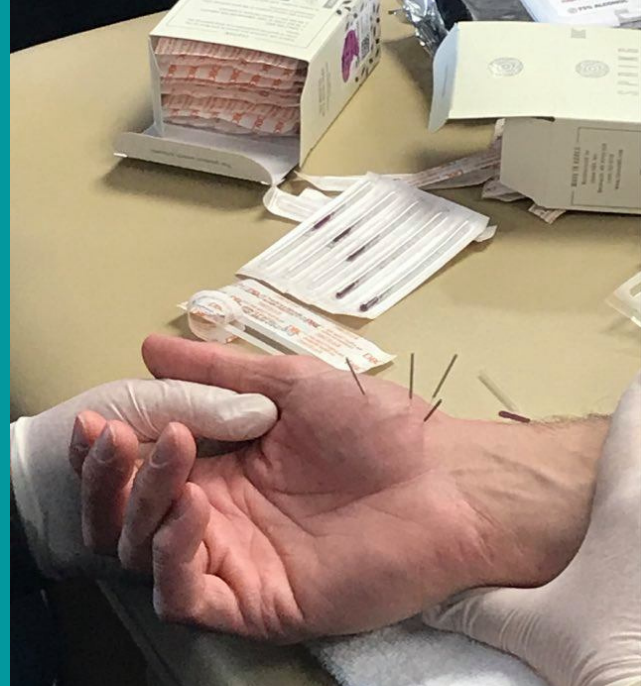


UPPER EXTREMITY

Dry Needling

WHAT IS IT?

- INSERTION OF FILIFORM NEEDLES INTO MUSCLES, LIGAMENTS, TENDONS, FASCIA, AND SCAR TISSUE
- NEEDLES ARE SOLID AND CANNOT INJECT ANY LIQUID INTO THE TISSUES
- BASED ON WESTERN MEDICAL AND NEUROPHYSIOLOGICAL MODELS
- CAN REDUCE PAIN, INCREASE RANGE OF MOTION, ACTIVATE A MUSCLE, AND INCREASE BLOOD FLOW TO TISSUES
- PERFORMED BY HIGHLY SKILLED THERAPISTS WITH EXCEPTIONAL PALPATION SKILLS AND KNOWLEDGE OF ANATOMY



**Hands Above
Therapy Services**

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