# **BNVB TRYOUT SCHEDULE 2024**

# \*ALL TIMES/DATES ARE SUBJECT TO CHANGE\* \*Due to NISD Teacher Trainings\*

## August 5, 2024 (Monday)

- 6:30am- Start check-in process (Foyer of Main Gym)
- 7:00am- 8:00am- Physical Evaluations (Court Workout)
  - Must have UIL Paperwork and Physical to tryout
- 8:00am- 10:00am- ALL, Skill Evaluations
- 1:00-3:00p- Freshman workout (South Gym)
- 1:00- 3:00p- JV/V workout

### August 6, 2024 (Tuesday)

- 6:30am- 7:00am- ALL (Track Workout)
- 7:00am- 9:30am- ALL
- 3:00-5:00- Freshman workout (South Gym)
- 3:00-5:00- JV/V workout
  - Final Cuts Today

# August 7, 2024 (Wednesday)

- 7:00am-10:00am- ALL
- 3:00pm-5:00pm- Freshman Practice
- 3:00pm-4:00pm- JV/V Practice
  - \*Teams Made Today
  - JV/V Meetings will start at 4:00pm and will go until everyone meets. (5 min per player) Players will be allowed to leave after their pre-season meeting.

#### August 8, 2024 (Thursday)

- 7:30am- 10:00am- Freshman Practice
- 7:30am- 10:00am- JV/V Practice

#### August 9, 2024 (Friday)

Scrimmage- @ FM Marcus- Times TBA

#### August 10, 2024 (Saturday)

Scrimmage- @ HOME - All teams start at 9:00am Rally Night/Parent Meeting - Time TBA