

Byron Nelson Volleyball



Spring Fling 2025

Open Gym Dates

First Date: May 12th

Following Dates: May 13th, May 14th

- 4:30-5:30p, North Gym @ BNHS
- MS athletes, get over to HS as fast as you can.
- Not mandatory, but highly recommended.
- Club volleyball practice- No problem!

BNVB Camps



Summer Camp- FRESHMAN ONLY

- May 27-May 30
- July 28th -July 31st
- 9th Grade: 1:30p-4:30p

Team Camp- All Incoming 9th -12th

July 24-26

July 24th - Thursday: 6:00p-9:00p

July 25 and 26- Friday and Saturday: 2:00p-5:00p

- Jan Barker and Coaching staff.
- \$125 Cash or Money Order ONLY.
- Open to any athlete trying out.
- ***NOT MANDATORY, HIGHLY RECOMMENDED.**

Jan Barker- BNVB Team Camp

Use QR code to reserve spot!



Team Camp

- Open to anyone trying out for the 2025 season.
- All coaches will be there to observe.
- The top coaches from the area will be running the camp.
- Please make sure to pay attention to camp times!

Performance Course- Summer 2025



Dates - 6/2-7/17

Vacation week 6/30 -7/4

Time - 9-10:30am

Days - Monday - Thursday

Registration link:

<https://www.performancecourse.com/school-district/northwest-isd>

Brochure link

[PC Brochure](#)

***Highly Recommended to prepare your daughter for tryouts and season.**

***If you have a financial issue, please let us know.**

***Open Weight Room with Coach Reeves option for athletes playing through nationals. More information on this soon.**

Tryouts 2025- August 1st-2nd



- Must come in with physical and UIL paperwork COMPLETED.
- Athletes will not be able to tryout without them.
- Physical testing as well as volleyball.
- Only 4 teams to tryout for.

Freshman A and B, Junior Varsity, and Varsity.

- August 1st and August 2nd, 2025
- Times- TBD
- Decisions made based on performance and execution, not just “working hard”.

***Once your daughter makes a team, we will begin practices or games every M-F until school starts. These practices are mandatory. No vacations after tryouts.

Practice Times for Teams

Freshman Teams

- Monday/Thursday- 7:00am-8:45am
- Wednesday- Study Hall- 8:00am
 - Classroom
- Tuesday/Friday- 8:00am-8:45am

Varsity

M/W/TH- 8th period- 5:30pm

T/F- Game Days

Junior Varsity

M/W/TH- 8th period- 5:00pm

T/F- Game Days

Physical Day at BNHS

Everyone must have one every year. No exceptions.

May 2nd, 2025

- Beginning at 4pm-7pm
- Only 75 athletes per 30 min appointment times.
- Sign up link comes out April 18th! Be looking for the email.
- Must go online (NISD WEBSITE) to sign up for a time.
- \$20 online, \$25 at the door
- If already complete, must be dated after 4/1/25.

Welcome to the BNVB Family!

QUESTIONS?