

SPECIAL DIET REQUEST FORM

****Please ensure that these forms are filled out and turned in no later than 2-weeks prior to your arrival. Contact information is listed below.**

Date _____

Name _____

Conference/Group _____

I will be at SILVER BAY YMCA from _____ to _____

I request a special diet due to the following health reasons (Please explain type of diet)

MUST AVOID:

- Seafood Products Yes No
- Fowl Products Yes No
- Dairy Products Yes No
- Soy Products Yes No
- Gluten Yes No
- Peanuts Yes No
- Airborne Yes No

Other _____

For severe allergies, please list acceptable food items below that may assist us to accommodate your needs. Please report to the kitchen to retrieve special requests.

PLEASE NOTE: SILVER BAY YMCA IS NOT A PEANUT FREE FACILITY

If you have a specific food allergy, please let us know ahead of your stay. While our staff do their best to accommodate your food allergy, we may not be able to handle all food allergies. Those with extensive food allergies, special dietary needs and/or restrictions should contact us prior to arrival.

Please send all completed forms to foodservice@silverbay.org