

Ultimate Fighting Academy Training Schedule

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|------------|------------------|------------|------------------|------------|
| 6:00 - 7:00 | Krav Maga | Luta Livre & BJJ | Krav Maga | Luta Livre & BJJ | Krav Maga |
| 7:00 - 8:00 | MMA | Luta Livre & BJJ | MMA | Luta Livre & BJJ | MMA |
| 8:00 - 9:00 | Kickboxing | Kickboxing | Kickboxing | Kickboxing | Kickboxing |

Note: Kickboxing is scheduled every day from 8:00 to 9:00.

This schedule will be applicable starting from the 10th of January.