



**Ukrainian
Midwives' Union**

ANNUAL REPORT

2025



Ukraine

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*Ukrainian midwifery needs a community.
Women need care.
**AND THE TIME WE LIVE IN CALLS FOR
RESPONSIBLE DECISIONS.***



INTRODUCTION

The NGO “Ukrainian Midwives’ Union” is a professional community that in 2025 continued its systematic work to advance midwifery in Ukraine.

We bring midwives together, support women of reproductive age, and implement modern approaches to professional education, care, and safety — in both peaceful and crisis settings.



The year 2025 became a year of organizational growth, project scaling, and strengthened accountability to those for whom and on behalf of whom we work.

This report is about results, figures, and partnerships.

But above all — it is about people.

This annual report summarizes the activities of the NGO "Ukrainian Midwives' Union" in 2025 and reflects the key areas of work, implemented projects, achieved results, and partnerships.

It brings together both quantitative indicators and qualitative changes made possible through the collaboration of midwives, women, communities, partner organizations, and donors.

WHO IS THIS REPORT FOR?



FOR DONORS AND PARTNERS



FOR PROFESSIONAL COMMUNITY



FOR INTERNATIONAL AND NATIONAL
STAKEHOLDERS



FOR EVERYONE WHO SHARES THE VALUES OF
CARE, PROFESSIONALISM, AND HUMANITY

2025: A YEAR OF GROWTH, RESPONSIBILITY, AND SCALING UP

The year 2025 became a year of systemic decision-making, organizational growth, and activity scaling up for the NGO "Ukrainian Midwives' Union".

We combined professional development, support for women, and strategic partnerships while responding to the challenges of war and the needs of communities.

KEY FOCUS AREAS OF THE YEAR

- professional development of midwives
- support for women of reproductive age
- organizational capacity and transparency
- emergency and crisis response
- international cooperation and launch of new projects

2025 in numbers

| | | |
|-----------------------|-------|---|
| 1 343 | _____ | medical professionals reached through training activities |
| 537 | _____ | women and families who received direct support |
| 413 309 | _____ | reach of informational content |
| 115 communities | _____ | reached through emergency preparedness trainings |
| 25 medical facilities | _____ | new MoU for cooperation |
| 3 new projects | _____ | started in 2025 |

Capacity building and visibility

ORGANIZATIONAL CAPACITY AND GROWTH

In 2025, the Ukrainian Midwives' Union focused on strengthening our organizational capacity, development of our team, and implementing systematic approaches to management system.

Throughout the year, the organization experienced significant institutional and professional growth. We established and refined internal processes, strengthened the team's expertise, and demonstrated our capacity to implement complex programmes in partnership with international donors.

In 2025, the organization successfully passed both financial and programmatic audits, confirming our transparency, accountability, and compliance with international standards.

WHAT CHANGED IN 2025



Strengthened internal
management processes



Increased level of financial
and program accountability



Scalability confirmed



Formed stable approaches to
partnership work



SAFETY, ETHICS AND PSEA

SAFETY AND TRUST ARE NOT OPTIONAL — THEY ARE THE STANDARD.

In 2025, the Ukrainian Midwives' Union underwent assessment and training on Prevention of Sexual Exploitation and Abuse (PSEA) and initiated the systematic development and implementation of internal response policies.

This is of fundamental importance for our organization, as we work with women and professionals who often have lived experience of war, loss, violence, or forced displacement.

OUR APPROACH TO SAFETY AND SECURITY



CLEAR INTERNAL
POLICIES



A WELL-PREPARED
TEAM



NOTIFICATION AND RESPONSE
MECHANISMS



THE "DO NO HARM"
PRINCIPLE



FOCUS ON DIGNITY AND
RESPECT

ВИ ПОВИННІ ЗНАТИ...

ВСЯ ДОПОМОГА НАДАЄТЬСЯ БЕЗКОШТОВНО

- Будь-яка допомога та послуги надаються гуманітарними організаціями для всіх безкоштовно
- Жодна особа, яка надає допомогу, ніколи не має права вимагати гроші чи послуги, включаючи сексуальні послуги, в обмін за надану допомогу

ВИ МАЄТЕ ПРАВО
НА ЗАХИСТ ТА
ДОПОМОГУ

A trauma-informed approach, clear procedures, a well-prepared team, and safe response mechanisms make it possible to minimize the risk of re-traumatization and to create a space of trust, respect, and safety.

PRESENCE IN THE PROFESSIONAL AND PUBLIC SPACE

In 2025, representatives of the Ukrainian Midwives' Union actively engaged in national and international professional platforms and events.

The organization was represented at meetings of the Sexual and Reproductive Health Working Group within the Health Cluster, the European Humanitarian Forum 2025, WHO-initiated Deep Dive meetings, as well as regional and national events focused on supporting professionals and women.



COMMUNICATION AND IDENTITY

In 2025, we updated the organization's visual identity, making our communication more coherent, recognizable, and accessible to diverse audiences.

The renewed identity strengthened the voice of midwives in the public space, helped systematize our digital presence, and expanded our reach among professionals, women, and partners.



Professional development and support for midwives

PROFESSIONAL SUPPORT AS THE FOUNDATION FOR SUSTAINABLE CHANGE



In 2025, professional development and support for midwives remained one of the key priorities of the Ukrainian Midwives Union.

We worked to ensure that midwives across Ukraine had access to quality education, professional exchange, and safe spaces for support — regardless of region, level of experience, or working conditions.

Training programmes, supervision, and professional events became not only sources of knowledge but also tools for strengthening professional identity and community.

OUR APPROACH

- equal access to knowledge
- mutual support and reflection
- continuous professional development
- combination of professional and personal skills

EDUCATIONAL AND SUPPORT FORMATS IN 2025



The «WorldWide Midwifery» series

The international online meeting series “WorldWide Midwifery” became a platform for experience exchange between Ukrainian midwives and colleagues from other countries.

In 2025, five events were held, with 234 midwives participating. The meetings focused on different models of midwifery care, professional autonomy, and the role of midwives within health systems.

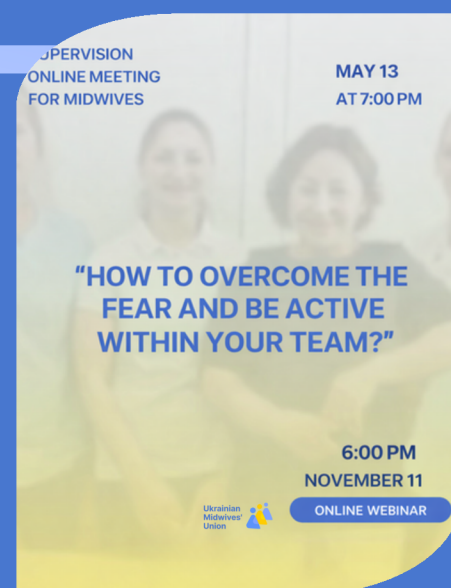
5 WEBINARS **234** MIDWIVES

Supervision meetings for midwives

Supervision sessions became an important space for professional reflection and support.

Over the course of the year, four group supervision sessions were conducted, reaching 100 midwives. Participants had the opportunity to discuss complex professional situations, receive peer support, and reduce levels of emotional exhaustion.

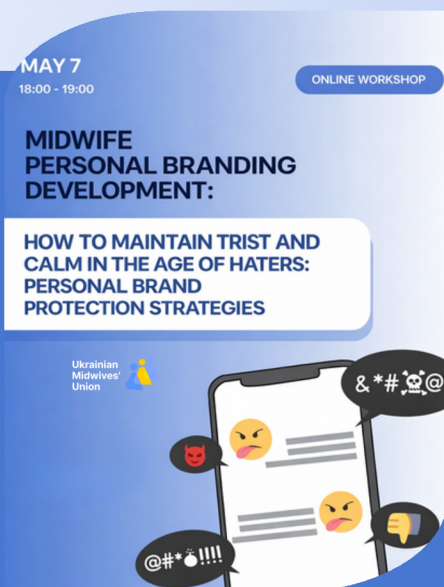
4 GROUP SUPERVISIONS **100** MIDWIVES



All formats of professional support in 2025 were designed as a complementary, integrated system. Training activities ensured access to knowledge and international experience, while supervision created a safe space for reflecting on practice, emotional support, and professional reflection.

This approach made it possible to combine the development of competencies with care for midwives' psychological resilience, which is critically important in conditions of increased workload and work in a crisis context.

DEVELOPMENT BEYOND CLINICAL SKILLS



8 WEBINARS **199** COVERAGE

Personal growth and soft skills

In 2025, the organization continued the personal development webinar series "Developing a Midwife's Personal Brand."

A total of eight webinars were held, with 199 total views. The topics covered professional identity, communication, psychological resilience, and the visibility of women professionals in the public space.

Digital skills

In the end of 2025, the programme was expanded to include training in digital and computer skills for midwives, enabling professionals to work more effectively with online tools, educational materials, and communication platforms.



Information materials for specialists

Throughout the year, the organization regularly published educational and informational posts for midwives on social media, aimed at increasing awareness of contemporary approaches, protocols, and practices in the field of midwifery.



A FIRST-OF-ITS-KIND EVENT



All-Ukrainian forums for midwives

In 2025, the Ukrainian Midwives' Union organized the first-ever National Midwives Forums in Ukraine — landmark events for the professional community.

The forums were created as spaces for unity, professional dialogue, and collective reflection on the role of midwives in the context of war, systemic changes in the health care sector, and the growing needs of women and communities.

They combined an educational component with emotional support, enabling midwives not only to gain new knowledge but also to feel the strength of community and a shared sense of purpose.



WHY IT IS IMPORTANT?

- initiated a permanent professional dialogue
- formed the basis for further systemic changes
- strengthened professional identity and voice of professionals
- a national platform for midwives was created for the first time

TWO FORUMS — ONE SHARED DIRECTION

THE 2025 FORUMS: FOCUS AND SCALE



The First All-Ukrainian Midwives Forum

The First Forum brought together 100 participants from 16 regions of Ukraine and focused on the challenges of wartime, the role of midwives in communities, and the need to strengthen professional autonomy. Special attention was given to issues of safety, resilience, and the adaptation of midwifery practice to crisis conditions.

100 PARTICIPANTS **16** REGIONS **Focus:** WARTIME, COMMUNITIES

The Second All-Ukrainian Midwives Forum

The Second Forum brought together 82 participants from 13 regions of Ukraine and served as a platform for discussing modern standards of midwifery care, the development of midwifery education, and the formation of a new culture of care.

Discussions focused on evidence-based practice, interprofessional collaboration, and the role of the midwife as a key figure in supporting women throughout their care journey.

82 PARTICIPANTS **13** REGIONS **Focus:** STANDARDS, EDUCATION



Work with women of reproductive age

BY A WOMAN'S SIDE AT EVERY STAGE

In 2025, the Ukrainian Midwives Union continued its systematic work with women of reproductive age, providing access to knowledge, support, and safe professional care.

In the context of war, uncertainty, and increased stress, it is especially important that women are able to receive reliable information, ask questions, and feel supported by qualified professionals.

Our work was aimed at ensuring that every woman — regardless of her place of residence or life circumstances — could receive compassionate and competent support during the important stages of her life.

HOW WE WORK WITH WOMEN



ACCESSIBILITY
AND OPENNESS



EVIDENTIARY
INFORMATION



RESPECT FOR A
WOMAN'S CHOICE



CONTINUOUS
SUPPORT

Online formats became an important tool for continuous support for women during the war, enabling them to receive professional guidance and a sense of community regardless of physical distance or circumstances.



EDUCATIONAL, ONLINE AND OFFLINE FORMATS



Online-Forum for pregnant women

In 2025, the organization held five online forums for pregnant women in a webinar format.

A total of 425 participants took part in these events. The topics covered preparation for childbirth, breastfeeding, postpartum recovery, and psychological support.

5 MEETINGS **425** PARTICIPANTS

Family festival MOM&Baby Fest

Over the course of the year, five offline MOM&Baby Fest events were organized (three in Kyiv and two in Lviv), bringing together 112 participants.

The festival programmes included lectures, workshops, and movement-based activities for pregnant women and their families. In total, nine speakers — midwives, doctors, and other specialists contributed to the events.



5 EVENTS **112** PARTICIPANTS

PHYSIOLOGICAL CHANGES DURING PREGNANCY

FEATURES AND IMPORTANT MOMENTS

FOR PREGNANT WOMEN

Informational posts for women

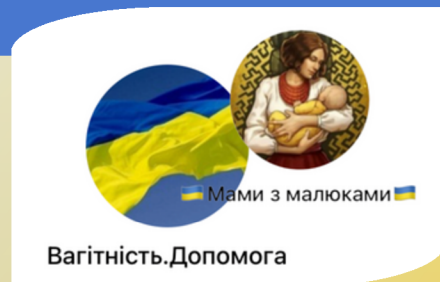
Throughout the year, the NGO created and distributed informational materials for pregnant and new mothers on social media, aimed at raising awareness about healthy motherhood, women's rights, and opportunities for support.

Support chats

In 2025, we maintained two Telegram support chats:

- “Mothers with Babies” — 19,660 followers
- “Pregnancy. Help” — 4,460 followers

The chats operate 24/7 and are accessible to women from all regions of Ukraine, including frontline areas and temporarily occupied territories.



24 120 FOLLOWERS

Project activities

LARGE-SCALE SOLUTIONS IN PARTNERSHIP

PROJECT «TRAINING 2.0»

FUNDED BY
CHARITABLE
ORGANIZATION



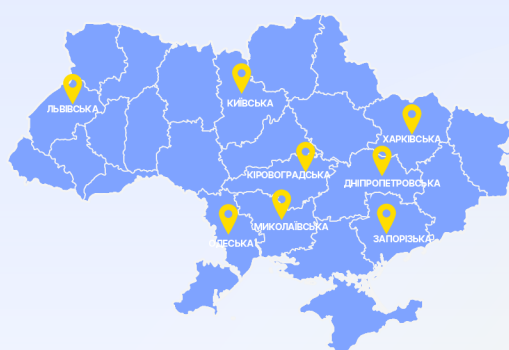
Ukrainian
Midwives' Union



BASICS OF FIRST MEDICAL AID.

CHILDBIRTH OUTSIDE HOSPITAL IN EMERGENCIES: HELP FOR THE MOTHER AND THE CHILD

The "Training 2.0" project was aimed at increasing community preparedness for emergencies and strengthening first response skills among emergency services professionals.

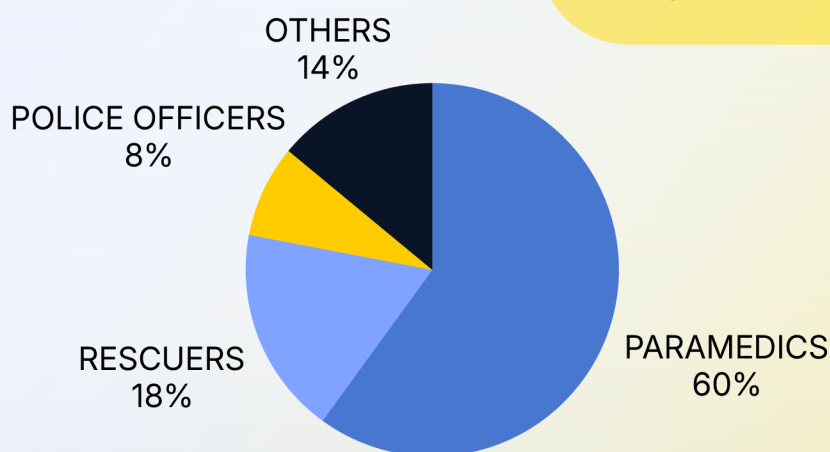


GEOGRAPHY AND TARGET GROUPS

Geography: **115 communities** throughout the territory of Ukraine

Target groups:

- paramedics
- rescuers
- police officers



115
COMMUNITIES
COVERED BY THE
TRAINING

THE PROJECT INCREASED THE LEVEL OF COMMUNITY PREPAREDNESS FOR CRISIS SITUATIONS AND HAS CONTRIBUTED TO THE FORMATION OF INTERSECTORAL INTERACTION BETWEEN RESPONSE SERVICES.





Government of Iceland
Ministry for Foreign Affairs



WOMEN'S HEALTH IN THE COMMUNITY

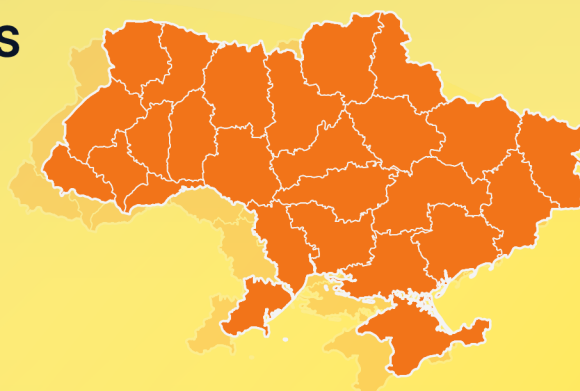
Within the framework of cooperation with UNFPA, the Ukrainian Midwives' Union acted as an implementing partner of a project aimed at improving women's access to quality sexual and reproductive health services in remote communities.

GEOGRAPHY AND TARGET GROUPS

Geography: **15 regions of Ukraine**

Target groups:

- midwives
- nurses
- doctors



74

PROFESSIONALS

participated in onsite trainings

15

REGIONS

project coverage

354

PROFESSIONALS

participated in online trainings

CAPACITY BUILDING OF MEDICAL PROFESSIONALS MADE IT POSSIBLE TO STRENGTHEN LOCAL COMMUNITY CAPACITIES AND IMPROVE THE QUALITY OF CARE PROVIDED TO WOMEN IN THE FIELD OF SEXUAL AND REPRODUCTIVE HEALTH.

The "Women's Health in the Community" project was created in partnership with UNFPA, the United Nations Population Fund in Ukraine, with financial support from the European Union and the Government of Iceland, and implemented in cooperation with local authorities and the Ukrainian Midwives' Union.



MOMental (ERASMUS+)

SUPPORTING THE MENTAL HEALTH OF MOTHERS IN CRISIS



and financial support from the European Union and the Erasmus+ program

The MOMental project aims to improve mental health support for mothers with children under 6 years of age in emergency and crisis situations.

PARTNERSHIP

International partners:

- Birth Forward (Cyprus)
- Roda – Parents in Action (Croatia)
- National Institute of Mental Health (Czech Republic)



ACTIVITIES IN 2025

- Development of the concept of a practical manual
- Preparation of questionnaires
- Work on communication materials

PERSPECTIVE

In 2026, the project involves conducting a survey among mothers and professionals, as well as presenting a practical guide for key stakeholders in the topic of supporting mothers mental health.



Overall results and coverage

In 2025, the activities of the Ukrainian Midwives Union reached thousands of professionals, women, and families across Ukraine.

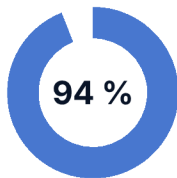
Educational, supportive, and informational initiatives not only achieved broad outreach but also laid the foundation for sustainable change in the field of midwifery and women's support.

RESULTS OF THE 2025

MEDICAL STAFF

1 343

Representatives of the professional community participated in educational activities



Participants - medical workers (midwives, doctors, other personnel)

WOMEN AND THEIR FAMILIES

537

Women of reproductive age and their family members received direct support

24/7

Worked online support chats for mothers and pregnant

INFORMATION COVERAGE

413 309

views and coverage of information content

NATIONAL COVERAGE, INCLUDING FRONTLINE REGIONS

These results were made possible through a combination of professional expertise, strong partnerships, and the trust of the women and professionals for whom — and with whom — the organization works.

Donors and partners

The year 2025 became a year of growth, new challenges, and scaling for the Ukrainian Midwives Union. We successfully launched three new projects and continued one project from the previous year, which gained wide recognition among Ukrainian professionals and the broader professional community.

All these results were made possible thanks to the trust, partnerships, and support of donors and partner organizations with whom we learned together, created initiatives, implemented change, and cared for women, families, and the professional community.



AGREEMENTS ON COOPERATION

In 2025, the NGO "Ukrainian Midwives' Union" signed

25 Memoranda of Understanding (MoUs)

with healthcare institutions in different regions of Ukraine.

This was an important step towards systemic changes in the field of women's and reproductive health and allowed to consolidate long-term interaction at the local level.

Our partners and donors

PARTNER ORGANIZATIONS

- Ukrainian Public Health Foundation
- HealthRight International (Ukraine Office)
- "Generation of Mothers Lada" NGO
- Ukrainian Association of Sleep Researchers and Consultants
- Odesa Emergency Medical Care Center
- Zaporizhzhia Emergency Medical Care Center
- Birth Forward (Cyprus)
- Roda – Parents in Action (Croatia)
- National Institute of Mental Health (Czech Republic)

DONORS AND FINANCIAL SUPPORT

We sincerely thank the following partners for their financial, expert, and organizational support:

- The European Union and the Erasmus+ Programme
- UNFPA, the United Nations Population Fund in Ukraine
- The Government of Iceland
- Direct Relief
- The Ukrainian–Danish Youth House

CORPORATE PARTNERS:

- Weleda
- Bayer
- Mommy to be
- Zhaga
- ED Cosmetics
- OMRON



GRATITUDE TO THE MIDWIVES OF UKRAINE

And finally - our deepest and most heartfelt gratitude goes to Ukrainian midwives.

To those who stand by women every day in the most important moments of their lives.

To those who provide support from the very first consultation - through the birth of a child and beyond, throughout the entire reproductive life.

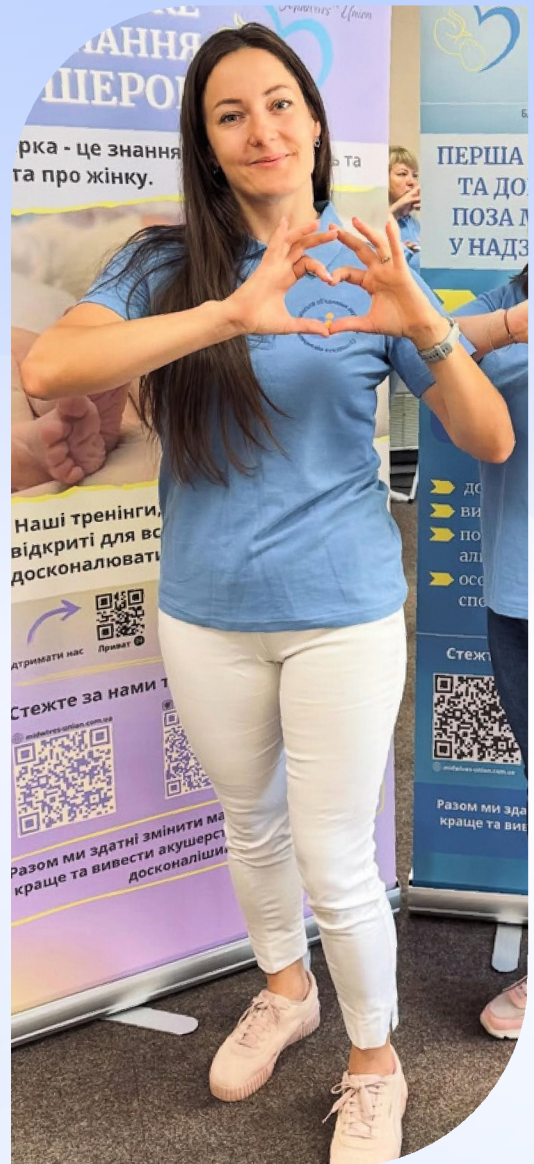
To those who are trusted in times of joy, anxiety, loss, and hope.

Your work is more than a profession. It is trust, continuity, care, and presence - values that cannot be measured by numbers alone.

It is you who create spaces of safety for women and families, even in the most difficult circumstances.

We are grateful for your strength, professionalism, and readiness to change the system together.

And we are proud to walk this path alongside you.



NGO "Ukrainian Midwives' Union" -
together for professional, compassionate
midwifery care in Ukraine.

