

| Day | Time | Class |
|------------------|----------------|------------------------|
| Monday | 6-7 PM | Kids Class |
| | 6-7 PM | Adults Gi (All Levels) |
| | 7-8 PM | Open Mat |
| Tuesday | 5-5:50 PM | Kids Class |
| | 6-7 PM | No-Gi |
| Wednesday | 6-7 PM | Kids Class |
| | 6-7 PM | Adults Gi (All Levels) |
| | 7-8 PM | Open Mat |
| Thursday | 5-5:50 PM | Kids Class |
| | 6-7 PM | Adults Gi (All Levels) |
| Friday | 10-11 AM | Open Mat |
| Saturday | 10-11 AM | Kids Class |
| | 10-11 AM | Adults Gi (All Levels) |
| | 11-12 PM | Open Mat |
| Sunday | 1:00 – 3:00 PM | Open Mat |