

English with Friends — Season 1

Format: 2 lessons per week · 24 lessons

Duration: 3 months

Week 1					
Lesson	Episode	Speaking Focus	Grammar Focus (B1 Mix)	Additional Focus (Dialogue Technique)	Character Action Map
1	The Pilot	Life changes & independence	Present Simple vs Present Continuous; Past Simple; Question forms; State verbs	Metaphor (gravy boat), Symbol through object (credit cards), Subtext in confession	Rachel leaves Barry and moves in; Ross deals with divorce; Monica dates Paul; Joey & Chandler support Ross
2	The Sonogram at the End	Family & expectations	Past Simple vs Past Continuous; Present Perfect; Questions; Possessives	Conflict through language of control; Softening (maybe, I guess); Emotional pauses	Carol announces pregnancy; Ross feels excluded; Rachel returns ring; Monica faces parental comparison
Week 2					
3	The One with the Thumb	Habits & discomfort	Used to; Past Simple; Adjectives -ed/-ing; Comparatives	Irony; Sarcasm; Escalation pattern	Monica dates Alan; Phoebe receives money; Chandler relapses into smoking
4	George Stephanopoulos	Dreams & insecurity	Second Conditional (If I were...); Past Continuous; Comparatives; Adverbs	Hypothetical fantasy; Contrast reality vs imagination; Self-irony	Ross feels nostalgic; Rachel struggles with adult life; Girls spy on neighbor
Week 3					
5	East German Laundry Detergent	Dating & confidence	Present Continuous for future; Imperatives; Modal verbs (should); Phrasal verbs	Conflict through misunderstanding; Flirting language; Comic reveal	Ross helps Rachel at laundromat; Joey manipulates double date
6	The Butt	Work & compromise	Past Simple; Modal verbs (can/could); Reported speech basics	Exaggeration; Awkward dialogue; Rhythm of short lines	Joey becomes body double; Chandler dates Aurora; Rachel triggers Monica's OCD
Week 4					
7	The Blackout	Feelings & missed chances	Past Continuous vs Past Simple; Modals (might); Present Perfect	Interrupted confession; Silence in dialogue; Subtext	Ross tries to confess; Rachel meets Paolo; Chandler trapped with model

8	Nana Dies Twice	Family & loss	Modal verbs (must, should); Past Perfect; Question tags	Dark humor; Hyperbole; Sarcastic conflict	Nana dies; Monica confronts mother; Ross reflects on family
Week 5					
9	Underdog Gets Away	Friendship & gratitude	Past Simple; Conjunctions (although, because); Quantifiers	Situational irony; Group conflict; Reconciliation arc	Friends miss Thanksgiving; Rachel misses flight; They reconcile
10	The Monkey	Loneliness	Comparatives & Superlatives; Present Perfect; Articles	Symbol (Marcel); Projection; Romantic insecurity	Ross adopts Marcel; Everyone fails New Year's pact
Week 6					
11	Mrs. Bing	Parents & embarrassment	Reported Speech; Indirect Questions; Auxiliary verbs	Euphemism; Register shift; Irony	Chandler's mother visits; Ross kisses her; Chandler confronts her
12	The Dozen Lasagnas	Trust & secrets	Phrasal verbs; Present Perfect vs Past Simple; For/Since	Dramatic irony; Slip of tongue; Reveal moment	Rachel breaks with Paolo; Ross learns baby gender accidentally
Week 7					
13	The Boobies	Secrets & awkwardness	Past Simple vs Past Continuous; Reflexive pronouns	Escalation of embarrassment; Chain reaction	Joey's father visits; Accidental nudity chain
14	The Candy Hearts	Relationships	Question forms; Modal verbs (would); Conditionals type 1	Romantic irony; Subtext jealousy	Ross dates neighbor; Girls burn ex-memories
Week 8					
15	The Stoned Guy	Advice & ambition	Modal verbs (should, must); Verb + to / - ing; Word order	Status contrast; Comic disappointment	Monica cooks for restaurateur; Chandler quits job
16	Two Parts (Part 1)	Identity	Present Continuous; Future forms (going to); Relative clauses	Dual identity; Role-switching	Joey dates Ursula; Rachel swaps identity at hospital
Week 9					
17	Two Parts (Part 2)	Competition	Comparatives; Imperatives; Conditional type 2	Pretending; Moral choice	Ross gains confidence; Identity confusion continues
18	All the Poker	Confidence	Imperatives; Modals of advice; Adverbs of manner	Power dialogue; Status competition	Rachel interviews; Girls vs boys poker
Week 10					

19	The Monkey Gets Away	Responsibility	Past Perfect; Present Perfect; Modals (should have)	Panic scene; Fast dialogue	Marcel escapes; Ross confesses feelings
20	The Evil Orthodontist	Guilt & betrayal	Past Simple; Present Perfect; Conditionals type 3	Confession structure; Emotional explosion	Rachel confronts Barry; Chandler overreacts
Week 11					
21	The Fake Monica	Self-discovery	Adjectives; Relative clauses; Reflexives	Alter ego; Synecdoche (person = lifestyle)	Monica meets identity thief; Ross sends Marcel away
22	The Ick Factor	Age & maturity	Comparatives; Modal verbs; Verb patterns	Taboo humor; Euphemism; Subtext of discomfort	Monica dates Ethan; Rachel has dreams
Week 12					
23	The Birth	Support & responsibility	Present Simple; Future forms; Modal verbs (have to)	Closed-space tension; Reconciliation dialogue	Carol gives birth; Ross & Susan reconcile
24	Rachel Finds Out	Love & confession	Indirect questions; Reported speech; Present Perfect; Future intentions	Romantic climax; Pause before truth; Emotional reveal	Ross leaves for China; Rachel discovers his love