

## ENGLISH WITH FRIENDS — SEASON 1

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### COURSE OVERVIEW

<b>Purpose</b>	This document is created for a 1:1 speaking course based on Friends Season 1. The goal is to build confident, fluent spoken English through dialogue analysis and structured grammar practice.
<b>What's Inside</b>	LESSON PLAN (how one lesson works). COURSE PLAN (full 12-week program).
<b>Format</b>	2 lessons per week · 24 lessons total.
<b>Duration</b>	3 months.
<b>Structure</b>	Each lesson follows the same clear structure.
<b>Adaptation</b>	Speaking practice, correction, and grammar level are adjusted individually.
<b>Workbook</b>	Students receive a structured workbook with subtitles, vocabulary lists, guided questions, practice tasks, and grammar algorithms for every episode.

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### LESSON PLAN — EXAMPLE

#### PREPARATION (BEFORE THE LESSON)

##### Step Task

- ① Watch the episode with English subtitles.
- ② Read subtitles carefully and highlight new words and phrases.
- ③ Write a short retelling (answer 4 key questions).
- ④ Write 5 sentences using the target phrasal verbs.
- ⑤ Answer 2 subtext questions (meaning behind the lines).
- ⑥ Complete short grammar tasks from the workbook.

##### Goal

Comprehension. Vocabulary activation. Structured speaking preparation.

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## AT THE LESSON (60 MINUTES)

### Structure

45 minutes speaking · 15 minutes correction

### Step Activity

- ① Warm-up discussion (impressions, emotions, key moments).
- ② Chronological retelling of the episode.
- ③ Dialogue analysis (meaning + subtext + structure).
- ④ Role play based on key scenes.
- ⑤ Language algorithm: extract patterns from your speech.
- ⑥ Grammar correction and task check.

### Goal

40–45 minutes active speaking, phrasal verb use, subtext awareness, structured grammar recycling.

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## COURSE PLAN — SEASON 1 (24 LESSONS)

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### WEEK 1

Lesson	Episode	Speaking Focus	Grammar Focus (B1 Mix)	Dialogue Technique	Character Action Map
1	The Pilot	Life changes & independence	Present Simple vs Present Continuous; Past Simple; Question forms; State verbs	Metaphor (gravy boat); Symbol through object; Subtext in confession	Rachel leaves Barry and moves in; Ross deals with divorce; Monica dates Paul; Joey & Chandler support Ross
2	The Sonogram at the End	Family & expectations	Past Simple vs Past Continuous; Present Perfect; Questions; Possessives	Conflict through language of control; Softening; Emotional pauses	Carol announces pregnancy; Ross feels excluded; Rachel returns

Lesson Episode	Speaking Focus	Grammar Focus (B1 Mix)	Dialogue Technique	Character Action Map
				ring; Monica faces parental comparison

## WEEK 2

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
3	The One with the Thumb	Habits & discomfort	Used to; Past Simple; Adjectives -ed/-ing; Comparatives	Irony; Sarcasm; Escalation	Monica dates Alan; Phoebe receives money; Chandler relapses into smoking
4	George Stephanopoulos	Dreams & insecurity	Second Conditional; Past Continuous; Comparatives; Adverbs	Hypothetical fantasy; Contrast reality vs imagination; Self-irony	Ross feels nostalgic; Rachel struggles with adult life; Girls spy on neighbor

## WEEK 3

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
5	East German Laundry Detergent	Dating & confidence	Present Continuous (future); Imperatives; Modals (should); Phrasal verbs	Conflict through misunderstanding; Flirting language; Comic reveal	Ross helps Rachel; Joey manipulates double date
6	The Butt	Work & compromise	Past Simple; Modals (can/could); Reported speech basics	Exaggeration; Awkward dialogue; Rhythm of short lines	Joey becomes body double; Chandler dates Aurora; Rachel triggers Monica's OCD

## WEEK 4

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
7	The Blackout	Feelings & missed chances	Past Continuous vs Past Simple; Modals (might); Present Perfect	Interrupted confession; Silence in dialogue; Subtext	Ross tries to confess; Rachel meets Paolo; Chandler trapped
8	Nana Dies Twice	Family & loss	Modals (must, should); Past Perfect; Question tags	Dark humor; Hyperbole; Sarcastic conflict	Nana dies; Monica confronts mother; Ross reflects on family

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## WEEK 5

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
9	Underdog Gets Away	Friendship & gratitude	Past Simple; Conjunctions; Quantifiers	Situational irony; Group conflict; Reconciliation arc	Friends miss Thanksgiving; Rachel misses flight; They reconcile
10	The Monkey	Loneliness	Comparatives & Superlatives; Present Perfect; Articles	Symbol (Marcel); Projection; Romantic insecurity	Ross adopts Marcel; Everyone fails New Year's pact

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## WEEK 6

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
11	Mrs. Bing	Parents & embarrassment	Reported Speech; Indirect Questions; Auxiliary verbs	Euphemism; Register shift; Irony	Chandler's mother visits; Ross kisses her; Chandler confronts her
12	The Dozen Lasagnas	Trust & secrets	Phrasal verbs; Present Perfect vs Past Simple; For/Since	Dramatic irony; Slip of tongue; Reveal moment	Rachel breaks with Paolo; Ross learns baby gender accidentally

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## WEEK 7

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
13	The Boobies	Secrets & awkwardness	Past Simple vs Past Continuous; Reflexive pronouns	Escalation of embarrassment; Chain reaction	Joey's father visits; Accidental nudity chain
14	The Candy Hearts	Relationships	Question forms; Modals (would); Conditionals type 1	Romantic irony; Subtext jealousy	Ross dates neighbor; Girls burn ex-memories

### WEEK 8

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
15	The Stoned Guy	Advice & ambition	Modals (should, must); Verb + to / -ing; Word order	Status contrast; Comic disappointment	Monica cooks; Chandler quits job
16	Two Parts (Part 1)	Identity	Present Continuous; Future forms; Relative clauses	Dual identity; Role-switching	Joey dates Ursula; Rachel swaps identity

### WEEK 9

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
17	Two Parts (Part 2)	Competition	Comparatives; Imperatives; Conditional type 2	Pretending; Moral choice	Ross gains confidence; Identity confusion continues
18	All the Poker	Confidence	Imperatives; Modals of advice; Adverbs of manner	Power dialogue; Status competition	Rachel interviews; Girls vs boys poker

### WEEK 10

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
19	The Monkey Gets Away	Responsibility	Past Perfect; Present Perfect; Modals (should have)	Panic scene; Fast dialogue	Marcel escapes; Ross confesses feelings
20	The Evil Orthodontist	Guilt & betrayal	Past Simple; Present Perfect; Conditionals type 3	Confession structure; Emotional explosion	Rachel confronts Barry; Chandler overreacts

### WEEK 11

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
21	The Fake Monica	Self-discovery	Adjectives; Relative clauses; Reflexives	Alter ego; Synecdoche	Monica meets identity thief; Ross sends Marcel away
22	The Ick Factor	Age & maturity	Comparatives; Modal verbs; Verb patterns	Taboo humor; Euphemism; Subtext discomfort	Monica dates Ethan; Rachel has dreams

### WEEK 12

Lesson Episode	Speaking Focus	Grammar Focus	Dialogue Technique	Character Action Map	
23	The Birth	Support & responsibility	Present Simple; Future forms; Modals (have to)	Closed-space tension; Reconciliation dialogue	Carol gives birth; Ross & Susan reconcile
24	Rachel Finds Out	Love & confession	Indirect questions; Reported speech; Present Perfect; Future intentions	Romantic climax; Pause before truth; Emotional reveal	Ross leaves for China; Rachel discovers his love