

ENGLISH WITH FILMS ABOUT RELATIONSHIPS, LOVE, AND EMOTIONS

Module 1 · 8 Films · 24 Lessons

Recommended film collection curated by Olena Chepurna.

Included films:

About Time · *La La Land* · *Pretty Woman* · *The Age of Adaline* · *Forrest Gump* · *The Notebook* · *The Proposal* · *Maid in Manhattan*

COURSE OVERVIEW

Section	Description
Purpose	This document outlines a 1:1 speaking course based on a curated film collection focused on relationships, emotional development, and personal transformation. The goal is to build confident, fluent spoken English through dialogue analysis and structured grammar practice using emotionally rich film scenes.
Target Level	A2–B1 students who want to transition toward confident B1–B2 spoken fluency.
What's Inside	LESSON PLAN (how one lesson works) · COURSE PLAN (8 films × 3 lessons) · MODULE RESULTS (skills + quantitative result)
Format	2 lessons per week · 24 lessons total · 3 lessons per film
Duration	12 weeks

Film Selection	The films listed above are personally recommended and curated by the course author. Students may propose alternative films if they correspond to the target level and thematic focus (relationships, emotional growth, personal change).
Structure	Each film is divided into three analytical stages: Context → Emotional Conflict → Resolution. Two lessons per week ensure structured progression and emotional vocabulary recycling.
Adaptation	Speaking tasks and grammar focus are adjusted individually within A2–B1 progression.
Workbook	Students receive structured materials including selected subtitles, vocabulary lists, guided retelling tasks, emotional vocabulary exercises, and visual grammar algorithms.

LESSON PLAN — EXAMPLE

PREPARATION (BEFORE THE LESSON)

Step	Task
①	Watch the assigned film segment with English subtitles.
②	Highlight emotionally expressive phrases.
③	Write a structured retelling (Who? What happened? What changed emotionally?).
④	Extract 5–10 reusable expressions related to feelings and relationships.
⑤	Identify the emotional turning point of the scene.
⑥	Complete focused grammar practice for the week.

Goal:

Comprehension · Emotional vocabulary activation · Structured narrative speaking

AT THE LESSON (60 MINUTES)

Structure: 45 minutes speaking · 15 minutes correction

Step	Activity
①	Warm-up discussion (relationships, values, life choices).
②	Structured retelling of the segment.
③	Dialogue mechanics analysis (intention + emotional subtext).
④	Scene reconstruction / role play.
⑤	Language algorithm extraction (emotional expression patterns).
⑥	Grammar correction and task review.

Goal:

Extended speaking · Emotional precision · Context-based grammar use

COURSE PLAN — 12 WEEKS (2 LESSONS PER WEEK)

WEEK 1

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
1	About Time	Family & life perspective	Present Simple vs Present Continuous; Question forms	Reflective dialogue	Tim's worldview
2	About Time	Romantic development	Past Simple; Adverbs	Emotional pacing	Building relationship with Mary

WEEK 2

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
3	About Time	Acceptance & life choices	Present Perfect; Future forms	Emotional payoff	Understanding limits of control
4	La La Land	Ambition & attraction	Present Continuous (future); Modal verbs	Flirting dialogue	Mia & Sebastian dynamic

WEEK 3

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
5	La La Land	Conflict between love & ambition	Conditionals Type 1; Comparatives	Emotional escalation	Personal dreams vs relationship
6	La La Land	Alternative endings	Conditionals Type 2	Imagined reality; Subtext	Emotional resolution

WEEK 4

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
7	Pretty Woman	Social contrast	Comparatives; Articles	Status dialogue	Vivian's transformation
8	Pretty Woman	Emotional vulnerability	Modal verbs (should/might)	Softening language	Building trust

WEEK 5

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
9	Pretty Woman	Relationship stability	Present Perfect vs Past Simple	Romantic payoff	Emotional security
10	The Age of Adaline	Time & isolation	Past Simple vs Past Continuous	Reflective monologue	Living through decades

WEEK 6

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
11	The Age of Adaline	Fear of attachment	Modal verbs; For/Since	Emotional restraint	Avoiding vulnerability
12	The Age of Adaline	Letting go of fear	Conditionals Type 2	Emotional release	Choosing love

WEEK 7

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
13	Forrest Gump	Innocence & destiny	Narrative past; Used to	Simple yet meaningful dialogue	Forrest's perspective
14	Forrest Gump	Long-term devotion	Present Perfect; Time expressions	Emotional consistency	Lifelong love for Jenny

WEEK 8

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
15	Forrest Gump	Loss & acceptance	Past Perfect	Emotional payoff	Acceptance of life events
16	The Notebook	Young love	Past Simple; Adjectives (-ed/-ing)	Passionate dialogue	Allie & Noah beginnings

WEEK 9

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
17	The Notebook	Separation & longing	Conditionals Type 1	Emotional conflict	Distance and memory
18	The Notebook	Enduring love	Present Perfect	Romantic resolution	Love through time

WEEK 10

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
19	The Proposal	Power dynamics	Imperatives; Modal verbs	Authority dialogue	Margaret & Andrew conflict
20	The Proposal	Emotional shift	Comparatives; Conditionals Type 1	Softening conflict	From contract to love

WEEK 11

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
21	The Proposal	Vulnerability	Present Perfect; Adverbs	Emotional confession	Personal change
22	Maid in Manhattan	Social barriers	Articles; Comparatives	Class contrast dialogue	Marisa's insecurity

WEEK 12

Lesson	Film	Focus	Grammar Focus	Dialogue Technique	Character Arc Focus
23	Maid in Manhattan	Romantic misunderstanding	Conditionals Type 2	Escalation dialogue	Fear of truth
24	Maid in Manhattan	Authentic choice	Review of key structures	Romantic payoff	Choosing honesty

MODULE RESULTS — FILM COLLECTION

Skills Result (Dialogue Mechanics Focus)

Area	Result After One Module
Speaking Stamina	40–45 minutes of structured emotional conversation
Emotional Vocabulary Range	Expanded ability to describe feelings and relationships
Sentence Architecture	Improved spontaneous response structure
Listening	Better comprehension of emotional and romantic dialogue
Narrative Awareness	Understanding emotional arcs in storytelling
Dialogue Mechanics	Application of intention → beat shift → subtext → payoff

Quantitative Result

Category	Measurable Outcome
Active Speaking Practice	~17 hours
Original Film Dialogue	~12 hours of curated romantic and emotional scenes
Grammar Frameworks	24 contextual grammar structures applied in conversation
Vocabulary Growth	~500–700 active emotional and relational expressions

Vocabulary Activation Logic

Component	Explanation
Film Count	8 films
Lessons per Film	3
Reusable Expressions	~20–30 per film segment
Total Accumulation	~500–700 contextualized expressions
Activation Method	repetition → scene reconstruction → algorithm extraction
Memorization Style	Context-based activation without mechanical memorization