

# ENGLISH WITH FRIENDS

Season 1 · Module 1 · 24 Lessons

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## COURSE OVERVIEW

Section	Description
<b>Purpose</b>	This document outlines a 1:1 speaking course based on <i>Friends</i> Season 1. The goal is to develop confident spoken English through dialogue analysis, situational humor decoding, and structured grammar application in everyday social contexts.
<b>Target Level</b>	A2–B1 students transitioning toward confident B1–B2 conversational fluency.
<b>What's Inside</b>	LESSON PLAN (structure of one lesson) · COURSE PLAN (24 lessons based on Season 1) · MODULE RESULTS (skills + quantitative result).
<b>Format</b>	2 lessons per week · 24 lessons total · 1 season.
<b>Duration</b>	12 weeks.
<b>Series Selection</b>	Season 1 is structured as a complete speaking module focused on relationships, independence, friendship dynamics, and real-life conversational English.
<b>Structure</b>	Each episode is analyzed through: Situation → Conflict → Comic or Emotional Resolution.
<b>Adaptation</b>	Speaking tasks focus on informal conversation, phrasal verbs, humor, emotional reactions, and relationship vocabulary.
<b>Workbook</b>	Students receive structured subtitles, vocabulary glossaries, guided retelling tasks, phrasal verb extraction, and grammar algorithms.

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# LESSON PLAN — EXAMPLE

## PREPARATION (BEFORE THE LESSON)

Step	Task
①	Watch the assigned episode with English subtitles.
②	Highlight everyday expressions and phrasal verbs.
③	Prepare structured retelling (Situation → Conflict → Outcome).
④	Extract 5–10 reusable conversational phrases.
⑤	Identify the main emotional or comic turning point.
⑥	Complete focused grammar practice (Past tenses, Modals, Question forms).

**Goal:**

Everyday vocabulary activation · Humor comprehension · Natural speech rhythm

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## AT THE LESSON (60 MINUTES)

**Structure:** 45 minutes speaking · 15 minutes correction

Step	Activity
①	Warm-up discussion (friendship, dating, independence).
②	Chronological retelling of episode events.
③	Dialogue mechanics analysis (intention + joke setup + payoff).

- ④ Role play (dating scene, argument, emotional confession).
- ⑤ Language algorithm extraction (phrasal verbs, fillers, reactions).
- ⑥ Grammar correction and fluency refinement.

**Goal:**

Natural conversational flow · Humor decoding · Emotional expressiveness

# COURSE PLAN — 12 WEEKS (2 LESSONS PER WEEK)

## WEEK 1

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
1	Pilot	New beginnings	Present Simple vs Continuous	Sitcom setup	Rachel leaves Barry; moves in with Monica; Ross reveals divorce
2	The One with the Sonogram at the End	Family expectations	Past Simple; Possessives	Emotional conflict	Carol announces pregnancy; Ross feels excluded

## WEEK 2

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
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3	The One with the Thumb	Habits & flaws	Used to; Adjectives -ed/-ing	Irony escalation	Monica dumps Alan; Chandler relapses into smoking
4	The One with George Stephanopoulos	Identity & insecurity	Second Conditional	Contrast dialogue	Rachel questions life choices; girls spy on neighbor

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## WEEK 3

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
5	The One with the East German Laundry Detergent	First dates	Imperatives; Phrasal verbs	Romantic setup	Ross helps Rachel; Joey manipulates double date
6	The One with the Butt	Work & compromise	Modals (can/could)	Awkward humor	Joey becomes butt double; Chandler dates Aurora

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## WEEK 4

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
7	The One with the Blackout	Missed chances	Past Continuous vs Past Simple	Interrupted confession	Ross tries to confess; Rachel meets Paolo
8	The One Where Nana Dies Twice	Family & grief	Past Perfect; Modals	Dark humor	Nana dies twice; Monica confronts mother

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## WEEK 5

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
9	The One Where Underdog Gets Away	Friendship & gratitude	Conjunctions; Quantifiers	Group conflict	Friends miss Thanksgiving; Rachel misses flight
10	The One with the Monkey	Loneliness	Comparatives; Present Perfect	Symbolic humor	Ross adopts Marcel; everyone fails New Year pact

## WEEK 6

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
11	The One with Mrs. Bing	Parents & embarrassment	Reported Speech	Euphemism & irony	Chandler's mother visits; Ross kisses her
12	The One with the Dozen Lasagnas	Secrets	For/Since; Present Perfect	Dramatic irony	Rachel breaks up with Paolo; Ross learns baby's sex

## WEEK 7

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
13	The One with the Boobies	Awkward situations	Reflexive pronouns	Escalation chain	Accidental nudity chain reaction
14	The One with the Candy Hearts	Ex-relationships	Conditionals Type 1	Romantic irony	Ross meets Carol; girls burn memories

## WEEK 8

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
15	The One with the Stoned Guy	Career ambition	Verb + to/-ing	Status contrast	Monica cooks for stoned restaurateur
16	The One with Two Parts	Identity confusion	Relative clauses	Role switching	Rachel swaps identity at hospital

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## WEEK 9

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
17	The One with Two Parts (Part 2)	Responsibility	Modal verbs	Emotional payoff	Ross gains confidence as father
18	The One with All the Poker	Competition	Imperatives	Power dialogue	Girls vs boys poker; Rachel job interview

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## WEEK 10

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
19	The One Where the Monkey Gets Away	Responsibility	Modals (should have)	Panic sequence	Marcel escapes; Ross confesses feelings
20	The One with the Evil Orthodontist	Guilt	Conditionals Type 3	Emotional explosion	Rachel confronts Barry

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## WEEK 11

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
21	The One with the Fake Monica	Self-discovery	Adjectives; Relative clauses	Alter ego	Monica befriends identity thief
22	The One with the Ick Factor	Maturity	Verb patterns	Subtext discomfort	Monica dates Ethan; Ross prepares for baby

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## WEEK 12

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
23	The One with the Birth	Responsibility	Future forms; Have to	Closed-space tension	Carol gives birth; Ross reconciles with Susan
24	The One Where Rachel Finds Out	Love confession	Indirect questions; Present Perfect	Romantic payoff	Rachel learns Ross loves her

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# MODULE RESULTS — FRIENDS

## Skills Result (Sitcom Dialogue Mechanics Focus)

Area	Result After One Module
Speaking Stamina	40–45 minutes of natural conversational speech
Everyday Vocabulary	Expanded social and relational lexicon

<b>Humor Comprehension</b>	Improved understanding of timing and sarcasm
<b>Listening</b>	Better comprehension of multi-speaker fast dialogue
<b>Phrasal Verb Usage</b>	Increased spontaneous usage in conversation
<b>Dialogue Mechanics</b>	Understanding of setup → escalation → comic payoff

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## Quantitative Result

Category	Measurable Outcome
<b>Active Speaking Practice</b>	~17 hours
<b>Original Sitcom Dialogue</b>	~12 hours of curated episodes
<b>Grammar Frameworks</b>	24 contextual grammar structures
<b>Vocabulary Growth</b>	~500–600 conversational expressions

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## Vocabulary Activation Logic

Component	Explanation
<b>Episode Count</b>	24 lessons structured chronologically
<b>Lessons per Episode</b>	1
<b>Reusable Expressions</b>	~20–25 per episode
<b>Total Accumulation</b>	~500–600 contextual expressions
<b>Activation Method</b>	repetition → role play → reconstruction → algorithm extraction

**Memorization Style**

Context-based activation reinforced through structured speaking