

ENGLISH WITH HOW I MET YOUR MOTHER

Module 1 · 24 Lessons (Season 1 22 episodes + 2 episode from season2)

COURSE OVERVIEW

Section	Description
Purpose	This document outlines a 1:1 speaking course based on <i>How I Met Your Mother</i> Season 1. The goal is to build confident spoken English through narrative retelling, dialogue analysis, and structured grammar application in everyday social and relationship contexts.
Target Level	A2–B1 students aiming to transition toward confident B1–B2 conversational fluency.
What's Inside	LESSON PLAN (structure of one lesson) · COURSE PLAN (24 lessons based on Season 1) · MODULE RESULTS (skills + quantitative result).
Format	2 lessons per week · 24 lessons total · 1 season.
Duration	12 weeks.
Series Selection	Season 1 is structured as a complete speaking module focused on dating, friendship loyalty, life decisions, and humorous storytelling.
Structure	Each episode is analyzed through: Setup → Conflict → Twist/Payoff, with strong emphasis on narrative perspective and retelling.
Adaptation	Speaking tasks focus on storytelling skills, emotional reactions, social confidence, dating vocabulary, and conversational rhythm.

Workbook Students receive structured subtitles, vocabulary glossaries, guided retelling tasks, speaking prompts, and grammar algorithms.

LESSON PLAN — EXAMPLE

PREPARATION (BEFORE THE LESSON)

- | Step | Task |
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| ① | Watch the assigned episode with English subtitles. |
| ② | Highlight dating, friendship, and storytelling expressions. |
| ③ | Prepare structured retelling (Setup → Conflict → Outcome). |
| ④ | Extract 5–10 reusable conversational phrases. |
| ⑤ | Identify the main turning point (emotional or comedic). |
| ⑥ | Complete focused grammar practice (Past tenses, Modals, Conditionals, Question forms). |

Goal:

Narrative clarity · Conversational vocabulary · Story-driven speaking confidence

AT THE LESSON (60 MINUTES)

Structure: 45 minutes speaking · 15 minutes correction

- | Step | Activity |
|------|--|
| ① | Warm-up discussion (dating, friendship, life choices). |

- ② Chronological retelling of episode events.
- ③ Dialogue mechanics analysis (intention + misunderstanding + payoff).
- ④ Role play (first date, disagreement, emotional confession).
- ⑤ Language algorithm extraction (storytelling patterns, reactions, softeners).
- ⑥ Grammar correction and fluency refinement.

Goal:

Confident retelling · Natural conversational flow · Humor and emotion control

COURSE PLAN — 12 WEEKS (2 LESSONS PER WEEK)

Note: You provided Season 1 episodes 1–22, and then two entries from the start of Season 2.

To keep the module at **24 lessons** with your provided list, the last two lessons use those two titles.

WEEK 1

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
1	Pilot	Love expectations	Past Simple; Question forms	First-episode setup	Marshall proposes to Lily; Ted meets Robin; Ted confesses too fast; Barney pushes Ted to date
2	Purple Giraffe	Fixing mistakes	Present Perfect; Modal verbs	Awkward recovery	Ted throws parties to see Robin; Marshall tries to write paper; Barney tries to end a relationship

WEEK 2

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
3	Sweet Taste of Liberty	Breaking routine	Past Continuous vs Past Simple	Escalation trip	Ted follows Barney; they end up far away; Lily feels jealous; Marshall tries to manage both situations
4	Return of the Shirt	Past relationships	Past Simple; Used to	Flashback structure	Ted revisits an old relationship; Robin plays word game on TV for money

WEEK 3

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
5	Okay Awesome	Social identity	Comparatives; Adjectives (-ed/-ing)	Contrast comedy	Robin takes group to club; Lily and Marshall try to act “mature”; they escape and join club
6	Slutty Pumpkin	Traditions & expectations	Future forms; Modal verbs	Romantic anticipation	Ted searches for mystery girl; Marshall and Lily compete in costumes; Robin resists couple costume

WEEK 4

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
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7	Matchmaker	Compatibility	Present Perfect; Conditionals Type 1	Rule-based humor	Ted uses match service; gets zero matches; he steals info and meets a “match”; Marshall and Lily chase a critter
8	The Duel	Living together	Modals (have to); Articles	Domestic conflict	Lily moves in; Ted resists change; Ted fights over coffee pot; Barney pushes “relationship law”

WEEK 5

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
9	Belly Full of Turkey	Family culture	Past Simple; Quantifiers	Contrast humor	Lily meets Marshall’s family; Barney works at soup kitchen; Ted investigates charity problems
10	The Pineapple Incident	Memory & consequences	Past Perfect; Narrative sequencing	Mystery retelling	Ted wakes up after wild night; tries to reconstruct events; friends fill gaps; pineapple mystery remains

WEEK 6

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
11	The Limo	Plans & chaos	Future forms; Imperatives	Multi-goal structure	Ted rents limo; everyone wants different parties; people join and leave; traffic ruins plan

12	The Wedding	Social pressure	Modals (should); Present Perfect	Emotional disruption	Ted brings Robin to wedding; couple fights; Robin cancels; Ted goes alone
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WEEK 7

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
13	Drumroll, Please	New attraction	Past Continuous; Indirect questions	Romantic tension	Ted meets mystery girl; cannot find her; Robin sees them and struggles with feelings
14	Zip, Zip, Zip	Relationship speed	Conditionals Type 1; For/Since	Milestone montage	Ted and Victoria accelerate milestones; Marshall and Lily feel "out of milestones"; Robin joins Barney's guys' night

WEEK 8

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
15	Game Night	Identity & backstory	Past Simple; Used to	Reveal structure	Group relives embarrassing moments; Barney's past relationship is revealed; he transforms himself
16	Cupcake	Long distance	Future forms; Present Perfect	Emotional compromise	Victoria gets opportunity abroad; Lily destroys wedding dress; Marshall interviews at Barney's firm; Ted and Victoria try long distance

WEEK 9

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
17	Life Among the Gorillas	Values & compromise	Modals (must/should); Reported speech	Moral conflict	Marshall joins Barney's firm; Lily criticizes values; Ted seeks advice for long distance; Robin calls Ted to hang out
18	Nothing Good Happens After 2 A.M.	Temptation	Conditionals Type 2; Modal verbs	Warning structure	Ted fears breakup; Robin invites him over late; friends warn him; Barney pushes a "legendary" night

WEEK 10

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
19	Mary the Paralegal	Misleading assumptions	Modals of deduction; Past Simple	Comic misunderstanding	Robin invites group to awards; Barney convinces Ted his date is a prostitute; Ted struggles with jealousy
20	Best Prom Ever	Timing & change	Future forms; Present Perfect	Nostalgia payoff	Wedding venue opens earlier; group sneaks into prom; Ted and Robin rebuild friendship

WEEK 11

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
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21	Milk	“Perfect match” dilemma	Conditionals Type 3; Indirect questions	Decision pressure	Ted gets a match; hesitates because of Robin; Lily applies to art fellowship secretly; Barney pranks neighbor
22	Come On	Big romantic gesture	Future intentions; Modal verbs	Romantic climax	Ted chooses Robin and makes effort; Marshall learns about fellowship; Lily leaves Marshall

WEEK 12

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
23	Where Were We?	Aftermath	Past Simple; Present Perfect	Recovery arc	Friends help Marshall; Barney distracts him; Marshall traces Lily; they try to stop him
24	The Scorpion and the Toad	Rebuilding & new rules	Review of key structures	New status quo	Barney coaches Marshall; Lily returns; Ted gets tired of hearing about her summer

MODULE RESULTS — HOW I MET YOUR MOTHER

Skills Result (Storytelling & Sitcom Dialogue Focus)

Area	Result After One Module
Speaking Stamina	40–45 minutes of natural conversational speech
Storytelling Skills	Clear retelling with setup → conflict → payoff structure

Dating & Friendship Vocabulary	Expanded relational and social lexicon
Humor Comprehension	Better understanding of running jokes and exaggeration
Listening	Improved comprehension of fast multi-speaker dialogue
Dialogue Mechanics	Understanding of intention → misunderstanding → twist/payoff

Quantitative Result

Category	Measurable Outcome
Active Speaking Practice	~17 hours
Original Sitcom Dialogue	~12 hours of curated episodes
Grammar Frameworks	24 contextual grammar structures
Vocabulary Growth	~500–650 conversational expressions

Vocabulary Activation Logic

Component	Explanation
Episode Count	24 lessons structured chronologically
Lessons per Episode	1
Reusable Expressions	~20–27 per episode
Total Accumulation	~500–650 contextual expressions
Activation Method	repetition → role play → reconstruction → algorithm extraction

Memorization Style

Context-based activation reinforced through structured speaking