ENGLISH WITH SEX AND THE CITY

Season 1–2 · Module 1 · 24 Lessons

COURSE OVERVIEW

Section	Description
Purpose	This document outlines a 1:1 speaking course based on *Sex and the City* Seasons 1–2. The goal is to develop confident, emotionally nuanced spoken English through dialogue analysis, relationship vocabulary expansion, and structured grammar application in adult social contexts.
Target Level	B1 students aiming to transition toward confident B2 conversational fluency.
What's Inside	LESSON PLAN (structure of one lesson) · COURSE PLAN (24 lessons based on Seasons 1–2) · MODULE RESULTS (skills + quantitative result).
Format	2 lessons per week · 24 lessons total · 1 module.
Duration	12 weeks.
Series Selection	Episodes are selected to explore dating culture, commitment fears, independence, friendship loyalty, and modern relationship psychology.
Structure	Each episode is analyzed through: Question → Relationship Conflict → Emotional Resolution.
Adaptation	Speaking tasks focus on expressing opinions, emotional reactions, disagreement, boundaries, and personal values.
Workbook	Students receive structured subtitles, vocabulary glossaries, guided retelling tasks, discussion prompts, and grammar algorithms.

LESSON PLAN — EXAMPLE

PREPARATION (BEFORE THE LESSON)

Step	Task
①	Watch the assigned episode with English subtitles.
②	Highlight relationship-related vocabulary and emotional expressions.
③	Prepare structured retelling (Question → Conflict → Outcome).
④	Extract 5–10 reusable discussion phrases.
⑤	Identify the main emotional turning point.
⑥	Complete focused grammar practice (Conditionals, Modal verbs, Present Perfect, Reported Speech).

Goal:
Emotional vocabulary activation · Opinion-building · B2 discussion fluency

AT THE LESSON (60 MINUTES)

Structure: 45 minutes speaking · 15 minutes correction

Step	Activity
①	Warm-up discussion (relationships, dating norms, independence).
②	Chronological retelling of episode events.

③ Dialogue mechanics analysis (intention → insecurity → emotional payoff).

④ Debate or role play (boundary setting, confrontation, confession).

⑤ Language algorithm extraction (softeners, hedging, emotional phrasing).

⑥ Grammar refinement and clarity upgrade.

Goal:
Emotionally precise speech · Argument clarity · Mature conversational tone

COURSE PLAN — 12 WEEKS (2 LESSONS PER WEEK)

WEEK 1

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
1	Sex and the City	Dating expectations	Present Simple; Question forms	Social observation	Carrie meets Mr. Big; women discuss "having sex like men"; Miranda dates Skipper
2	Models and Mortals	Attraction & image	Comparatives; Adjectives	Media contrast	Carrie interviews modelizer; Miranda sleeps with Skipper; Samantha chases attention

WEEK 2

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
3	Bay of Married Pigs	Commitment pressure	Present Perfect; For/Since	Escalation of intimacy	Carrie meets fast-moving boyfriend; Miranda explores identity assumptions
4	Valley of the Twenty-Something Guys	Age & compatibility	Past Simple; Used to	Reality vs fantasy	Carrie dates younger man; Charlotte questions expectations

WEEK 3

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
5	The Power of Female Sex	Financial independence	Modal verbs; Conditionals Type 1	Power dynamics	Carrie receives money after encounter; Charlotte meets controversial artist
6	Secret Sex	Privacy & insecurity	Present Perfect; Passive Voice	Hidden relationship	Carrie suspects Big hides her; Miranda discovers partner's private habit

WEEK 4

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
7	The Monogamists	Exclusivity	Modal verbs (should/must)	Relationship boundaries	Carrie learns Big dates others; Charlotte and Miranda reassess partners

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
8	Three's a Crowd	Jealousy & insecurity	Conditionals Type 2	Emotional discomfort	Carrie learns about Big's past; Charlotte faces relationship pressure

WEEK 5

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
9	The Turtle and the Hare	Marriage anxiety	Present Perfect; Future forms	Fear of commitment	Big rejects marriage idea; Charlotte explores pleasure independence
10	The Baby Shower	Motherhood vs freedom	Quantifiers; Indirect Questions	Life comparison	Women attend baby shower; Samantha throws alternative celebration

WEEK 6

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
11	The Drought	Physical vs emotional intimacy	Past Perfect; Adverbs	Vulnerability	Carrie questions relationship passion; friends face dry spells
12	Oh Come All Ye Faithful	Breakup clarity	Conditionals Type 3	Emotional resolution	Carrie ends relationship with Big; Charlotte seeks reassurance

WEEK 7

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map

13	Take Me Out to the Ballgame	Post-breakup rebound	Past Continuous; Present Perfect	Rebound pattern	Carrie dates new man; friends question timing
14	The Awful Truth	Honesty vs illusion	Modal verbs; Reported Speech	Confrontation	Women confront uncomfortable truths in relationships

WEEK 8

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
15	The Freak Show	Red flags	Conditionals Type 2	Character reveal	Carrie discovers alarming behavior; friends analyze dating patterns
16	They Shoot Single People, Don't They?	Single identity	Comparatives; Articles	Social pressure	Carrie attends event for singles; women reflect on status

WEEK 9

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
17	Four Women and a Funeral	Fear of being alone	Present Perfect Continuous	Existential reflection	Women attend funeral; reconsider romantic priorities
18	The Cheating Curve	Infidelity boundaries	Modals of deduction	Moral debate	Friends discuss cheating tolerance

WEEK 10

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
19	The Chicken Dance	Wedding anxiety	Future forms; Conditionals Type 1	Ritual tension	Charlotte faces wedding expectations; women compare commitment models
20	The Man, The Myth, The Viagra	Performance pressure	Passive Voice; Modal verbs	Aging & vulnerability	Characters confront aging and intimacy expectations

WEEK 11

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
21	Old Dogs, New Tricks	Change & adaptation	Present Perfect; Indirect Questions	Reinvention arc	Characters attempt personal growth
22	The Caste System	Social class differences	Comparatives; Modal verbs	Status conflict	Carrie navigates different social circles

WEEK 12

L.	Episode	Focus	Grammar Focus	Dialogue Technique	Character Action Map
23	Evolution	Personal growth	Conditionals Type 3	Emotional reflection	Carrie reflects on patterns; women adjust expectations
24	La Douleur Exquise!	Long-distance heartbreak	Review of B2 structures	Final emotional payoff	Carrie faces painful separation; friends support her

MODULE RESULTS — SEX AND THE CITY

Skills Result (Emotionally Analytical Dialogue Focus)

Area	Result After One Module
Speaking Stamina	45 minutes of structured adult discussion
Emotional Vocabulary	Expanded lexicon for boundaries, desire, insecurity, independence
Argumentation Skills	Clear opinion → justification → emotional nuance
Listening	Improved comprehension of fast, layered dialogue
Boundary Language	Confident expression of agreement, refusal, and vulnerability
Dialogue Mechanics	Question → insecurity → confrontation → emotional resolution

Quantitative Result

Category	Measurable Outcome
Active Speaking Practice	~17 hours
Original Series Dialogue	~12 hours of curated episodes
Grammar Frameworks	24 contextual B2 structures
Vocabulary Growth	~600–750 relationship-focused expressions

Vocabulary Activation Logic

Component	Explanation
Episode Count	24 lessons structured chronologically
Lessons per Episode	1
Reusable Expressions	~25–30 per episode
Total Accumulation	~600–750 contextualized expressions
Activation Method	repetition → debate → emotional role play → algorithm extraction
Memorization Style	Context-based activation reinforced through analytical discussion